

NEW BEGINNINGS

REIKI CALENDAR - JANUARY 2021



“Nothing in the universe can stop you from letting go and starting over.”
- Guy Finley

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

4 Create space for the New – Karmic Reiki Symbols

5 Act, don't react! Enjoy the gift of patience

6 Make peace with the old & welcome the new

7 Reflect: What do you choose to allow in your reality?

1 Exercise to let go of 2020 & honor the New Year

2 Create your own chakra affirmations for 2021

3 Start things anew: send Reiki to the New Year

8 New Experience! Do something you've never done before

9 Feel inspired? Create your own Reiki Vision Board

10 Write intention slips for 2021 & send Reiki to them

11 Exercise to raise your vibrational frequency

12 Visualization technique to create your reality

13 Write a 2021 Reiki manifestation letter - New Moon

14 What's your Reiki lighthouse path for 2021?

15 Commit to your Reiki practice – 10 keys to start

16 Reiki New Year burning ritual for energy cleansing

17 Appreciate life with Gratitude Meditation

18 Gratitude as a practice to birth new beginning

19 Renew your energy field with angelic bubble

20 Eat healthy food and nourish your body

21 Just for today, keep love in your heart and mind

22 Today do 3 acts of kindness for a better world

23 Try the Guided Snowflake Angel Meditation

24 Create a crystal grid for New Year & infuse it with Reiki

25 Feel supported to manifest soul desires – ritual

26 Charge daily intentions & “to-do” lists with Reiki

27 Start your journey to financial abundance

28 Time for Full Moon cleansing – The Reiki Shower

29 Appreciate the beauty of life with Archangel Jophiel

30 Choose to create new healthy habits with Reiki

31 Invite Reiki to be part of your new life journey

