



MOTHER EARTH REIKI CALENDAR - APRIL 2019

Sunday

Monday

1 Embrace your Reiki Angel role on planet Earth

Tuesday

2 Create your Mother Earth healing grid

Wednesday

3 Healing treatment for Mother Earth

Thursday

4 Daily grounding our energy to Earth's energy

Friday

5 Plan New Moon ritual to invoke planetary healing

Saturday

6 Have an outdoor Reiki healing session

7 Send Reiki to heal the heart of the Earth

8 11 reasons to love and honor Mother Earth

9 Say a healing prayer for Mother Earth

10 Distant Reiki to the 7 chakras of Mother Earth

11 Self-Reiki while listening to nature sounds

12 Today avoid tech and get out into nature

13 Ground, centre, and protect with Reiki and trees

14 Just for Today, do something to care for the planet

15 Start a Reiki healing initiative for Mother Earth

16 Balance the earth element within

17 Use the energy of Mother Earth in Reiki sessions

18 Meditation to connect Heaven and Earth

19 Full Moon blessing to honor Mother Earth

20 Use Reiki symbols to connect with nature

21 Recharge with Mother Earth's healing energies

22 Celebrate International Mother Earth Day

23 Connect and heal with Nature Angels

24 Activate and balance the Earth Star Chakra

25 Plan a local Reiki circle to heal Mother Earth

26 World water healing meditation

27 Write a letter of gratitude to Mother Nature

28 Do one small change towards eco-friendly living

29 Walk barefoot on the Earth and contemplate

30 Thank Mother Earth for supporting your life

*"Together we are that one loving sea. That hums with love so all can be."
— Wald Wassermann*

