



REIKI RAYS

REIKI
The Miracle
Healing

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Thank you Maria and Gec Diaconu for giving me this huge opportunity to write for Reiki Rays. I can never thank you enough. Also, a heartfelt gratitude to all the readers who read and love my articles and encourage me to write more and more for them. I have assembled all my articles published in 2016 in the form of this eBook **Reiki-The Miracle Healing 2016**.

Enjoy!

Manifesting Box



It's once again time to bring your creative side out. We all know about Reiki box in which we put intention slips and give Reiki to it. So now, how about something more detailed? Like if you want to attract love or a life partner, you write a wish and along with that add things and objects that depict love or the things that resonates with love. This is not just a box, this is box you created with lots of love, creativity, wishes and intentions. Let's name it ***Manifesting Box***.

1. Take any box of any size and color. Stick mirrors on the inside of the lid, bottom of the box and all four inner sides of the box. We put mirrors to magnify the energy.
2. Assemble everything that you wish to put in your box- photographs, crystals, herbs, statues etc. Give Reiki to it with the intention to manifest whatever your wish is or with the intention to attract more of IT in your life.
3. Write your wish on a paper and draw Reiki symbols in it and place it in the box. Additionally, you can also add switchwords and energy circles related to your wish.
4. Place this box at a sacred place or at your altar. Give Reiki to it daily with the intention that "I intend that this Magic Manifesting Box be charged with divine Reiki energy to fulfil my wishes and for my highest good."
5. Call upon your spirit guides and angels and ask them to manifest your wishes and dreams in a fastest possible way.

If you wish to put intentions for multiple wishes, suppose love and money. Instead of tossing everything in a box, make mojo bags for each wish and keep in the box.

Those who are level one Reiki Practitioner can skip symbol part and those who don't know Reiki can skip Reiki part. Universe and Angels are there to help them and everyone.

Healing Wounds through Visualization

This healing technique is based on visualization process. Whatever you need to heal, you visualize the whole process and project the same in client's inner mind. Suppose you need to heal an accident wound, so here you visualize being with the person, cleaning and dressing the wound, apply ointment, and give Reiki healing or any other form of healing you know. You project this whole visualization image in the person's mind with the help of the distant symbol and power of your mind. Here I will break the procedure into points for easy understanding.

1. First and foremost, ground and shield yourself.
2. Call upon your angels and guides as well as the person's spirit guides to assist you with visual psychic healing.
3. Connect with the person with the help of distant symbol. Connect imaginary wireless waves that will broadcast the healing process in person's mind. (Like TV, wireless router, projector)
4. Draw CKR+HSZSN on the front and back Third Eye of the person as well as yours.
5. Now you make yourself calm and relax. Ask Reiki to project your visualization in the person's inner mind. Visualize the whole scenario you wish to heal. Like I said above, visualize each step you would do if the person had been present in front of you. Example- you are in front of the person, you examine the wound, cleanse it with antiseptic, apply ointment, bandage it and so on...
6. You have already established psychic connection with the person, so everything you visualize is being projected in the person's mind as well.
7. Once all the dressing of the wound is done and Reiki is given, ask the person's permission to leave. Wish them speedy recovery and walk out.
8. Cut the connection between you two by drawing Raku or making 3 karate chops in front of you.

Do not forget to thank Reiki, guides and angels.

Red Jasper and Reiki



Image by [Indalo Art](#)

Red Jasper, a stone of grounding, protection and strength. It is associated with Root Chakra. Along with root chakra, it also resonates with Sacral Chakra and the Earth Star Chakra. The color of Red Jasper varies from dark orangeish to red to reddish brown. The color of fire and blood. Red Jasper brings stability and security in life. It is known as the stone of justice as it is beneficial in dealing with unfair situations and decrease the chances of injustice.

Red Jasper for Grounding

Red jasper is considered amongst the best grounding stone for its association with the base chakra. It keeps you firmly grounded and rooted to Mother Earth. Whenever you feel disoriented, scattered and disorganized, carry 3 or more Red Jasper stones with you or wear it in any form.

How to use - Cleanse the stone and empower it with Reiki energy, Reiki symbols and your intention.

- Carry Red Jasper in the form of tumbles stone
- Wear it in any form. I have seen amazing result when worn as an anklet
- Put under pillow
- Make Red Jasper elixir, check Crystal Water method

- Sit 10 minutes on Red Jasper stone
- Go for a walk with Red Jasper in palms for better grounding
- Massage foot chakras with Red Jasper

Red Jasper for Protection

As a protection stone, it not only protects the person but also eliminates negative energies sending it back to the source. It especially protects against danger keeping you grounded all the time. It also reverts evil magic diverted towards you to its original source. Keeping Red jasper near you shields you from evil spirits and psycho individuals. It also gives protection against negative spells. If you are traveling, you can carry, wear or put this stone in your car to prevent accidents or on road robberies. Alternatively, you can hang Red jasper protection hanger in your car.

How to use- Before using any stone, make sure it is cleansed. Charge your stone with Reiki energy invoking whatever symbols you are attuned to.

- Carry 3 or more Red Jasper in the form of tumbles stone
- Wear it in any form
- Put under pillow
- Make Red Jasper elixir, check Crystal Water for method. Consume or spray this water on self or surrounding
- Keep a bowl of Red Jasper in the middle of the house or office
- Put at every corner of your house or office

Red Jasper for Physical Issues

If you have any nerve related problem, take a Red Jasper and rub it softly over the nerves daily for about 15 minutes. It soothes the nerves and aids heal the problem quicker. It is extremely beneficial for people who are suffering from prolonged illness and hospitalization. It also helps detoxify the blood and remove blockages from liver. It strengthens muscles and ease blood circulation. One of the best stone to treat anemia. Pregnant women should use Red Jasper as it makes fetus growth safe and strong. Other physical illness treated includes cancer, blood circulation problem, dizziness, lover problem, low blood pressure, menstruation, strength,

sexual problem, stomach problem, uterus related issues, vertigo, weakness and more...

How to use- Before using any stone, make sure it is cleansed. Charge your stone with Reiki energy invoking whatever symbols you are attuned to.

- Carry Red Jasper in the form of tumbles stone
- Wear it in any form
- Put under pillow
- Make Red Jasper elixir, check Crystal Water for method. Consume it
- Rub Jasper on affected chakra or organ
- Put on Root chakra and give Reiki to it for optimized result

Red Jasper for Spirituality

Red Jasper keeps your mind clear of chaos during meditation. It is also best used for astral travel and dream recalls. It is one of the best crystal for awakening and rising Kundalini that dwells at the base of spine. This rising and awakening of Kundalini stimulates and strengthen each chakra. Meditation with Red jasper opens new insights and ideas related to current issues in your life.

How to use- Before using any stone, make sure it is cleansed. Charge your stone with Reiki energy invoking whatever symbols you are attuned to.

- Hold Red Jasper in your palm during meditation
- Keep it in front of you and keep staring it before starting your meditation
- Put under pillow for dream recall
- Carry or wear it for Kundalini rising
- Sit on Red jasper for 10 minutes daily to aid Kundalini rise faster

Red Jasper for EMF

Simply place it at home or office near gadgets or electronic equipment to absorb EMF rays.

Red Jasper for Relation

Red Jasper being a Root chakra stone helps with sexual problems. It promotes control and hence calms down aggressive sexual behavior. It encourages compatibility if there is sexual incompatibility between partners. For men who have lost interest in sexual relation, this stone is for you as it increases libido.

It also helps over-jealous and over-possessive people overcome these issues. It can be beneficial to women who are having difficulty conceiving a child. For pregnant women, it protects the fetus and ensures safe child-birth.

How to use- Before using any stone, make sure it is cleansed. Charge your stone with Reiki energy invoking whatever symbols you are attuned to.

- Both the partners should wear this stone if there is sexual problem
- Put under the pillow of both the partners
- Both should consume Red Jasper elixir
- Place few stones on bedside table
- For jealousy and possessiveness, wear in any form or carry it with you
- For pregnancy, wear or carry in any form

Red Jasper for Career/ Work/ Money

Red Jasper brings focus and clarity to stay rooted to your work. It is helpful to keep your thoughts focused and concentrate on work at hand. It enhances creative level and one of the best stone to manifest ideas. It is considered the best stone for the people who are in performing arts, expressive arts and who are amidst audiences like actors, dancers, athletes, creative work team etc. It is also good for people who require physical strength like cops, waiters, construction workers, body-builders, wrestlers or people with high activities. Being an earth element stone, it also helps attract abundance.

How to use- Before using any stone, make sure it is cleansed. Charge your stone with Reiki energy invoking whatever symbols you are attuned to.

- Carry in form of tumbled stones
- Wear it in any form
- Place at work place
- If you feel weak physically or mentally, simply hold it in your palm
- Put under pillow

Red Jasper for Emotional Issues

Red Jasper promotes emotional strength and courage. It is highly advisable for people suffering from or suffered domestic violence, violent behavior, aggressive sex, rape, being bullied, harassment etc as this stone brings you extra and much needed courage to get over it and come out of it. It can help people with suicidal tendencies by providing the will to live. Also, it is good for people who takes care of ill patients or relatives for strength.

How to use- Before using any stone, make sure it is cleansed. Charge your stone with Reiki energy invoking whatever symbols you are attuned to.

- As above, carry tumbles or wear in any form
- If it is aggressive sex, place lots of tumbles in bedroom
- For domestic violence, place in the room it takes place
- Place in all rooms
- Spray Red Jasper water
- If you are upset, holding Red Jasper or chanting with Red Jasper rosary will make you feel centered and soothe your emotions

Red Jasper for Root Chakra

Red Jasper is Root chakra or Base chakra stone which helps user feel connected and grounded to Mother Earth. Put it on your Base chakra to cleanse and remove blockages from the chakra. Carry or wear it when your Root chakra seems imbalanced. When your Root chakra is balanced, you regain your strength, stamina and will. It brings back your own power, stamina and will.

Red Jasper for Feng Shui

As per Feng Shui, Red Jasper can be placed in the center of the home for balanced yin and yang energy and protection. For relationships, place it in the southwest corner of the house.

Red Jasper and Combinations

Creativity- Combine with any creativity stones like Carnelian, Amazonite, Green Aventurine, Tigers Eye, Citrine, Moonstone

Grounding- Combine with any grounding stones like Smoky Quartz, Hematite, Howlite, Tigers Eye, Snowflake Obsidian, Bloodstone, Black Tourmaline

Kundalini awaken/rise- Combine with Green Serpentine, Shiva Lingam, Tigers eye, Jet, Cinnabar, Moldavite

Pregnancy- Combine with Unakinte, Carnelian, Moonstone

Protection- Combine with Black Tourmaline, Fire Agate, Hematite, Tigers eye, Smoky Quartz, Obsidian, Onyx

Red Jasper for Ritual

Using Red Jasper with red or burgundy candles and bright red flowers can bring manifestation faster. Essential oils that best goes with this stone are ginger, mint and cedar wood.

So, if you don't have Red Jasper, go and bring one home now!

Thorough Guide to Hematite with Reiki



Image by [Studio Paars](#)

Hematite, one of the most irresistible stone I have acquired. Before getting into in-depth details about this stone, let me tell you about its attractiveness. The color of Hematite is dark metallic steel grey and is little glimmerish. The one word to describe Hematite is ***Elegant***. When Hematite beads are combined with other beads for bracelet or necklace, it gives extreme elegance to the product with its metallic dark steel grey color. It increases the beauty of other stones combined. Okay, enough of talking about just outer beauty.

In ancient times, Hematite or Haematite was known as bloodstone but not the same bloodstone that we know today. Hematite derived its name from the Greek word *Haema* which means blood. When it is powdered or in a clay form, the color of Hematite is red. It is considered '***The Stone of Blood***'.

Let me start with how to use

First and foremost is to cleanse and charge it with Reiki. If you are attuned to symbols, draw symbols and charge with Reiki. Program it with the intention or alternatively just wear it directly after charging. I prefer programming it with the intention that it acts as per all its properties which includes grounding, protection, blood purifier and more... If you don't know Reiki, don't get disheartened, you can continue without Reiki too. Just put crystal in salt water for 3-4 hours to cleanse it.

Once cleansed, take in your palm and chant a mantra or any prayer to charge it. Put your intention and hold your intention for 68 seconds. Keep stating your intention or you can visualize the outcome of your intention. That's it.

Usage

- Carry or wear it.
- Place a bowl full of hematite at the center of the house.
- Grid it with Black Tourmaline by putting it in all corners of the room.
- Make crystal grid.
- Make elixir without putting it directly in water.
- Put under pillow.

Hematite for Grounding

Hematite is the stone for Root chakra as well as the Earth Star chakra and hence it is amongst the best stone for grounding and protection. Carrying Hematite keeps one centered and focused even at the most stressful times. It makes one feel safe and secure by strengthening the connection with earth.

Hematite for Protection

Hematite not only dispels negative energies but it also transmutes negative energy into positive. Some also believe that it throws back all the negative energy to the source and hence if you are using this stone, you have to keep your thoughts positive. Personally, I feel it transmutes negative to positive. It releases all the negative energies and auto-recharge positive energy.

This is excellent stone for those who stays outdoors, interacts with new people and come across many people daily. It protects you from absorbing negative vibes, evil intentions and negative energies from others. The must stone for adventurous people as it protects against bleeding if anyone is injured.

Hematite for Physical Problems

Since Hematite is considered the 'The Stone of Blood', it is one of the best stone to heal any blood related disease. It acts as a blood cleanser and helps with blood circulation. It also aids prevent excessive menstrual flow and it aids regularize menstrual cycle.

It can also be used to heal headaches, heat strokes, align spine, dizziness, weak legs, leg cramps, kidney issues etc. If you are suffering from sciatica nerves, go for this stone now because it helps user connect to the earth star chakra. Sciatica nerves problem happens when the person is disconnected with earth and is out of balance.

It can also help with skin problems as well as heal cuts and wounds.

Hematite for Mental Strength

Hematite promotes logical thinking and keeps mind organized and calm, preventing anger, stubbornness and obsessions. It provides mental strength and keep user away from addictive habits. It also enhances memory and brings focus. It creates photographic memory in one's mind. It also brings mental clarity and provides determination and will power.

Hematite for Spirituality

In ancient times, people used to burn candle in front of hematite. The hematite is placed in such a way that candle flame reflects on it. Then they stare at the reflecting flame and think about the problem they need answer for or think about the wish to be fulfilled.

Hematite Miscellaneous Uses

- Instead of cleansing hematite in water, bury it under rock salt or place near any cleansing crystals like Selenite, Carnelian or Citrine. You can also cleanse it by drawing Cho Ku Rei or Dai Ko Myo and giving Reiki to it.
- Place it amidst other crystals to cleanse those crystals.

- Direct elixir is not advisable as it contains iron ore. So make an elixir by placing hematite around the container.
- Use it on Solar Plexus chakra to improve and increase will power.

Hematite and Other Stones Combinations

Relationships- Always carry Hematite + Rose Quartz, Hematite + Rhodonite with you for healthy loving relationships.

Grounding- Combine with Black Tourmaline, Red Jasper, Smoky Quartz or any other grounding stones.

Protection- Combine with Black Tourmaline, Citrine, Tigers Eye, Snowflake Obsidian or any other protection stones.

Overcome Addiction- Combine with Amethyst, Carnelian or Red Jasper.

Stimulate Willpower- Combine with Carnelian, Citrine or Malachite.

Use it with lower chakras stone to strengthen and balance the chakras.

One small ritual we perform with hematite

Take a hematite and hold in your palms. Sit quietly and pour all your troubles and worries into this stone. Be very clear as if you are talking to your friend. Bury it somewhere in earth. Mother earth will neutralize all the negativity you have poured into the stone. As simple as that!

Weight Loss (Release) with- Detox Drink, Crystals and Reiki

These days I am pretty much obsessed with one thing and is WEIGHT RELEASE (loss). It is a very slow process for me as I do not generally workout or I don't have stressful running around life. Getting obsessed with this weight reduction topic, I started reading more and more about it. Started discussing with friends what they do for weight release, which crystals they prefer and which the best reiki method is for them. After lots of pros and cons I have come up with this method, though I cannot say it is a tried and tested one. I have just started this since last 4 days and all I can say is I feel way lighter, my hunger pangs reduced and I feel more motivated to continue this weight release process. We merge 3 weight release methods here: **Detox drink, Crystals and Reiki.**

Now you must be wondering how crystals merges here. Well, the water that we are going to use in making detox drink is nothing else than crystal elixir.

Detox Drink

This detox drink recipe I found while surfing internet and I am sure it is quite effective.

Ingredients needed: Sliced cucumber, chopped mint leaves, lemon/lime juice and 1 liter water (crystal water), cinnamon stick (optional).

Method: Take a one liter container, toss all the above ingredients and fill it with crystal elixir. Put it in the refrigerator overnight and drink this detox drink throughout next day. When it is half empty, add more crystal elixir. Do not use for more than 2 days. I prefer making every day, I make at night and leave it overnight in refrigerator.

Crystals

Biggest question is which stone should one use for weight release? There are too many stones to pick one. Some crystals when combined with other crystals creates wonders. Listing below are few crystals you can use, pick the ones you resonate with. Once you pick your combo, make your elixir to cleanse it, charge with Reiki and program with a weight loss intention or affirmation.

- **Iolite**- Best for reducing fatty deposits.
- **Blue Kyanite**- Release excessive weight.
- **Apatite**- Reduce hunger pangs and improves metabolism.
- **Tigers eye**- Speeds up metabolism rate and increase motivation to diet/exercise.
- **Sunstone**- Increases metabolism and will power.
- **Amethyst**- For the ones who has obsessive eating disorder and for the ones who ends up eating when distressed. It also helps reduce addictive eating.
- **Carnelian**- Stimulates metabolism and heals feminine issues associated with Sacral chakra that causes weight gain.
- **Citrine**- Helps you manifest your goal faster.
- **Rose Quartz**- Teaches you to love your body.
- **Clear Quartz**- Enhance everything.

Note: - While making elixir, always check crystals if they are toxic or not.

Reiki

Do we healers do anything without Reiki? I guess not! At least I don't.

So, how to merge Reiki?

- Reiki all the ingredients used in Detox drink.
Reiki whatever crystals you pick for your combo to make elixir.
Reiki the detox drink again once it is ready.

You can use any weight release affirmation while charging everything with Reiki. Also, ask Reiki to heal karmic weight across lives, space and dimensions.

You can use any other detox recipe and continue with the procedure. So, let us all release our weight and be healthy, happy and hot.

Multiple Chi Balls

Generally, when we make a Chi Ball, we put all our intention into it, put healing and attunement into the Chi Ball and release it to the Universe or at times we do self-healing with Chi Balls by chi ball the chakras method.

In case of a scenario where a client has multiple issues, what to do? Here is a method to heal multiple issues that is way more powerful than regular chi balls. It is little lengthy but nonetheless it is easy and our clients deserves the best, isn't it?

The basic concept of this technique is to make one big chi ball and put other chi balls into this chi ball.

Suppose your client has issues related to Heart, Solar Plexus and Root chakra.

Here's the step by step procedure:

- Before starting any healing session, it is very important to ground and shield yourself.
- Call upon your guides and angels to aid you with the healing you are about to send.
- Start making the chi ball. Imagine making a big clear transparent chi ball. Put reiki symbols that you are attuned to, to energize this chi ball. While making the Chi Ball intend that *this chi ball will carry all the other chi balls placed into it to the Universe*. Once your chi ball is ready, imagine it placing aside in the air, it is now floating in the air where you placed it.
- Now start making a chi ball for Heart chakra. Imagine it in a green or pink color. Put reiki symbols inside it and energize it with Reiki. Put your intention into the chi ball to heal your client and visualize the desired outcome. Once this green chi ball is ready, place it into the clear chi ball.
- Same way make yellow chi ball for Solar Plexus chakra and red chi ball for Root chakra. Place both the chi balls along with Heart chakra chi ball into the clear chi ball.
- If you are attuned to Ethereal Crystals, you can place ethereal crystal into these chi balls.

- Now pick up the clear chi ball, draw a Master symbol or a Power symbol over it, blow on it slightly and release it to Universe.

The point of making multiple chi ball is that we can concentrate on each issue, can give full attention and visualize the desired outcome for all the issues. It is a little lengthy method but worth giving it a try.

I was sending healing to one of my clients through surrogate method. Somehow I was guided to make multiple chi balls for affected chakras and put all into one. Now who can resist such divine guidance? Certainly, not me.

Karmic Weight Release

Hello all, here I am back again with the topic I am pretty obsessed these days and that is weight release (loss). While I was trying Detox-Crystals-Reiki, I started wondering what is causing weight gain. I do not overeat, I do not have food addiction, I do self-healing 4-5 times a week, so is it only lack of exercise? I started pondering over this question and I realized that it is highly possible that it is an issue of karmic weight, weight I have been carrying since past lives. The people who are struggling with weight issues in this life are most probably suffering from karmic weight issues. Please it does not count sheer laziness and unhealthy eating. Karmic weight is caused by unresolved and unreleased issues from the past lives.

So let us understand what actually *karmic weight* is. You have been a healthy eater, you exercise regularly, you meditate daily, you have no addiction and yet your weight won't budge. Why? There might be multiple reasons. Suppose in one of your previous life you were starved, so you end up over-eating in this life time (Over-eating could be due to emotional stress too). Or suppose, you had to work extremely hard to earn even one time food, you subconsciously store the food in your body, it gets accumulated because somewhere deep down body feels you will not get enough food. Karmic weight is not just related to eating habits. Another example, you had been traumatized, sexually abused or emotionally wounded and you are now subconsciously trying to be of undesired weight to stop it from happening again. You carry weight as a protective shield. For better and clear answers, you can get Akashic records read or get PLR done.

So, is there no way to release this karmic weight? There is certainly a way out, all you need is patience, faith and love for your body. You have to release yourself from the karmic contract.

Release Karmic Weight

1. Call upon your spirit guides, guardian angels, archangels and ascended masters. Ask them to assist you in releasing karmic contract related to excess weight and aid you in releasing all the excess karmic weight accumulated from past lives.
2. Draw distant symbol HSZSN, intone its name thrice and ask it to scan and connect to all the issues from past lives related to excess weight.
3. Now simply write on paper or say aloud- ***I permit myself to be healthy and slim. I release all the karmic connection with undesirable, addictive or protective weight that accumulated in this life as well as all related past lives. My desirable weight is _____ pounds/kgs and I have achieved it. Thank you, Thank you, Thank you, so it is.***
4. If you have stated the above statement aloud, draw CKR+SHK+CKR (into its name thrice) sandwich in air and let the Reiki flow. If you have written it then draw CKR+SHK+CKR sandwich on paper. If you are attuned to the master symbol, draw Master symbol with the intention to heal your karmic weight issues.
5. If you are attuned to Karmic Reiki, draw Karmic Reiki symbols on the paper. Emotional Butterfly to release and heal all emotional negative patterns and Taoist Grace to release addictive and negative thought patterns accompanied by karmic-sisters symbols.
6. For next 45 days, give Reiki to your intention slip or repeat the whole procedure. Give a break of 15 days and observe any changes you may notice. If you find no change, then repeat the process for another 45 days.
7. You can program a weight loss crystal and hold it along with this intention slip for faster manifestation.

Release your karmic contract and karmic weight and be happy and healthy.

Money Jar



Image by [Olichel](#)

As the title of this article indicates, this article is about **attracting money- by using a jar, coins, herbs, crystals and affirmations**. Invoke Archangels and infuse the jar with Reiki and wait for the abundance shower. Imagine how powerful it would be if you combine all these magical things.

Method

1. Start with a jar. Pick a jar that attracts you. It could be any size or shape, transparent or non-transparent, it is totally up to you. Decorate it if you wish. Wash and cleanse the jar.
2. Once your jar is ready, take small pic of Goddess Laxmi, Archangel Ariel, Goddess Abuntantia or Goddess Fortuna and place it in the jar.
3. Now write your money wish on a paper. On the back side of the paper, draw Reiki symbols you are attuned to. You can also draw other abundance and prosperity symbols, write switchwords and codes. Give Reiki to this intention slip for about 3-5 minutes. Place it in the jar over the pic.
4. Now take 11 coins (any denomination). Infuse it with basil oil. Drop each coin one by one in the jar. As each coin drops in the jar, imagine more and more money flowing towards you.

5. Take a bay leaf. On one side write Unlimited Prosperity and on other side write Your Name. Place it in the jar.

6. Take few money stones like Citrine, Green Aventurine, Jade, Tigers Eye, Carnelian, Goldstone etc. Make sure your crystals are pre-cleansed. Charge your crystals with Reiki energy and program it to attract more money towards you. Place it in the jar. (You can use any money stone you have)

7. Sprinkle cinnamon powder or Rosemary in the jar.

8. Take a green candle and anoint it with essential oil that's best to attract money (Patchouli, Cinnamon, Basil etc). State money affirmations while anointing the candle. Light the candle and place it near the money jar. Let the candle burn, as it burns it takes your wish to Universe.

9. After the candle is burnt out, close the lid of the jar and place it at your altar. Daily add coins or notes in the jar. Keep sprinkling cinnamon powder or rosemary, adding crystals and written money affirmations every few days.

10. Daily energize this money jar with a Chi Ball.

Once you have acquired desired amount or wish is fulfilled, removed everything. Burn bay leaf, intention slip and affirmation slips, cleanse crystals, and cleanse coins and notes off sprinkled herbs. Remake if you have a new wish.

The Moon Magic- New Moon and Full Moon

After a long time, I am writing about moon phase rituals. This ritual is to be performed on the New Moon and the Full Moon both. As we know, New Moon is for the new beginnings and manifestations and the Full Moon is to release, let go and sever that no more serves you.

You start this ritual on a New Moon to focus on your wishes and desires. There is no better day than New Moon to set goals for your bright and abundant future.

Things required

- Sage/Incense stick
 - Candle (white or the color related to your wish)
 - Paper and pen
1. Cleanse your altar or sacred area. You can burn a sage or an incense stick or draw Cho Ku Rei and fill the area or room with Reiki energy. Call upon Archangel Haniel for blessings.
 2. Light a candle. You can burn multiple candles as per your wish or you can burn plain white.
 3. Relax yourself, you can put some soothing music if you wish.
 4. Take a sheet of paper and put the date. Start with *“I manifest these things or something better in my life within _____ days/months from today, for my highest good and for the highest good of everyone involved”*.
 5. Start listing your wishes. It could be anything, put down even your smallest wish. Draw Reiki symbols on the back side of the paper. Once your wish-list is ready, with the help of distant symbol, connect with Archangel Haniel, Goddess Diane and Divine Moon Energy. The people who are not attuned to any symbols can just pray and invoke the higher energies.
 6. Now read your wish list aloud to candle flame. Spoken words holds more power than silent ones. As you go through your list, imagine or visualize the desired outcome for each wish. Once done just say *“As this candle burns, it takes my wishes to Universe”*.

7. Fold your wish list in half and again fold it in another half and place it at your altar. You can give a Chi Ball to this wish list daily to energize it.

Second part of this ritual is to be done on Full Moon. As mentioned above, cleanse the altar and call upon angels and higher energies.

1. Lit a candle. Take the wish-list you had made on previous New Moon. Go through it and check if any of your wish is fulfilled. For each fulfilled wish say, *"Thank you angels, moon energy and Reiki for fulfilling my ___ wish"*.
2. Rewrite the wish-list with yet to be fulfilled wishes. Take the wish-list in your palms and say, *"I release all the stagnant energies, blockages and negative energies that hinders the manifestation process, This or better. Thank you"*.
3. Put the wish-list back on altar.

Repeat the process on every New Moon for new wishes and Full Moon to release the blockage related to the wishes.

Pyramid Healing

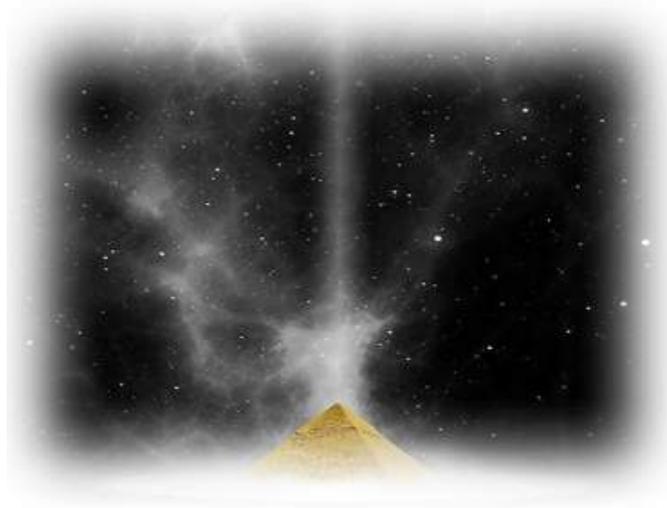


Image by [Jonny Lindner](#)

The word pyramid is formed by combination of 2 Greek words PYRA+MID wherein PYRA means fire and MID means core. It means an object with fire element at its center core. Pyramids are formed by four equivalent triangles on a square base. The four sides of pyramid are surrounded by bio-magnetic field and hence it is unaffected by outside negative force or lower energies. The top point of the pyramid is called Apex. From the apex the pyramid centers and gathers all the energy at its base (law of gravity). So, for healing/manifesting, when any intention slips is kept beneath the pyramid, healing/manifestation takes place faster.

How to use pyramids for healing or manifesting goals?

◆ **Crystals Grids** - Create a grid as shown in Reiki Grid (using Crystals) article. Make sure you cleanse and charge your crystals before using. Either do it with Reiki or any other method you prefer. Those who know Reiki can simply draw the Power symbol or the Master symbol and give Reiki to your stones with the intention to cleanse and charge.

◆ **Intention Slips** - Here we do not make the whole grid, we just use the pyramid for manifesting. Take a pyramid, draw symbols and charge it with Reiki energy. At this point, you can program it as per your intention. On a piece of paper, write your intention, draw Reiki symbols on the back side of the paper and simply place this

intention slip under the pyramid at a safe place. Like I said earlier, from apex the energy gathers at the base at the very base of the pyramid and that is where we have placed our wish. Hence, the outcome is manifested faster.

◆ **Pyramid Box** - There are many types of pyramid boxes available everywhere that are used as Reiki box, Manifesting box or Wealth box. You can also make your own pyramid box with cardboard or chart paper. Here, we place our intention slips, money, crystals etc inside the box; the healing/manifestation takes place with the same concept given above.

◆ **Pyramid Dome** - You can place pyramid domes over crystals that needs cleansing or charging, can place over programmed stones, can be placed over grids, food or anything that needs energy.

◆ **Pyramid Water** - A glass/bowl of water is placed inside a pyramid dome; this water gets charged automatically. When this water is consumed, the healing starts and takes place wherever it is needed most. Pyramid water can be applied directly over organs if there is any pain or wound and can also be used as face wash for beautiful skin. If you know Reiki, you can infuse pyramid with Reiki with your intention and you can also add crystals to water for specific purpose (no toxic stones directly in water please).

◆ **Pyramid Protection** - This is a visualization technique in which you imagine self/ family/ friends/ house or anyone inside a purple pyramid. Start by relaxing yourself, take few deep breaths, imagine a huge purple pyramid in front of you. Step into it. You can imagine your family, friends, house, office, car or anything inside the pyramid. State your intention that all negativities and lower energies stays outside of this pyramid and only positive energies can enter the pyramid. You can chant any mantra if you wish. You can fill pyramid with Reiki energy and symbols too.

◆ **Chakra Healing** - So we all have heard about chakra healing with crystals and many of us practice that as well. There are ready chakra sets available or people just use the stones resonating with chakra colors. All works equally good. When a pyramid is placed on a resonating chakra, it helps centering energy thoroughly on

that chakra. Simply take cleansed and charged pyramid of the color of affected chakra and place it on the chakra while lying down. You can use all 7 chakras pyramids and place on all chakras. This will cleanse and open your chakras. You can give Reiki to the pyramid after placing on chakras that will amplify the healing and cleansing process. Those who are attuned to Domo can draw that symbol on chakra or pyramid as it opens chakras with a force.

Miscellaneous Uses

- Place directly over a wound or hover it over a wound and see the magic.
- Place 2 pyramids under pillow for sound sleep (Amethyst, Clear Quartz, Sodalite). Don't expect any miracle, get adjust to energy first.
- Placing food inside a large pyramid dome removes toxins and keeps it fresh for longer period.
- Pyramid meditation domes can help one feel happier, brings more focus and makes one feel healthier.
- Protect plants from polluted air with virtual pyramid dome.
- Group healing- imagine bunch of people inside a huge pyramid and give Reiki to it.
- Place pyramid inside your Reiki box, Money box or Wealth box to magnify and amplify the energy.

Start using pyramids in your healing sessions and manifesting goals and see the magic.

Prosperity Feng Shui Crystal Grid



Using Feng Shui products brings positive flow of energy in one's life and surroundings, bringing in prosperity, luck, love, protection and good health. Here we merge Feng Shui with crystals which will amplify the energy to another level.

This is one of the simplest grid and easy to make.

Feng Shui Prosperity Grid

- Grid base - Antahakarna base multiple squares
- Green Aventurine tumbles - 4
- Jade tumbles - 4
- Citrine tumbles - 6
- Tigers eye tumbles - 4
- Chinese coins - 6
- Green Aventurine/ Citrine/ Tigers eye/ Amethyst/ Clear quartz pyramid

Your crystals should be cleansed programmed and charged with Reiki or any mantra.

- Your Chinese coins have 2 symbols on one side and 4 on other side. You have to place coins with 4 symbols facing up.
- Start by placing your pyramid at the center of the Base.
- Next, on 4 surrounded squares, place 4 Tigers Eye.

- Place 6 Chinese coins with 4-symbols facing up around the Tigers Eye; as shown in the picture. Place Citrine over each Chinese coins.
- Place Green Aventurine on 4 sides- top, bottom and both sides; refer to picture.
- Place 4 Jades on the 4 corners.
- Once the setting is done, take a wand and rotate clockwise over pyramid thrice and say **Connect Connect Connect**. Again, rotate thrice and say **Activate Activate Activate**.
- Make a Chi Ball and set an intention to attract abundant of prosperity to you. Release it over the grid.

No need to put any intention slip.

Infinity Feng Shui Prosperity Grid



- Infinity symbol base
- Green Aventurine pyramid
- 8 Tigers Eye
- 6 Chinese coins
- 6 Citrine

This grid will help bring constant flow of money infinitely.

- Starting from mid pyramid stone, place your crystals and Chinese coins as shown in the picture.
- Once the setting is done, take your wand and trace a line over the stones in the air; connect them. Starting from pyramid, trace the whole infinity symbol thrice.
- Rotate clockwise over pyramid thrice and say Connect Connect Connect. Again, rotate thrice and say Activate Activate Activate.
- Make a Chi Ball and set an intention for infinite cash flow and release it over the grid.

You can cleanse and reset the grid once a month.

Reiki Works for the Highest Good



Image by [MichaelGaida](#)

Lately I have been seeing so many Reiki channels that lack the basic of Reiki. And no, it is not like they are newbies and hence confused, some have done master level and yet they lack the basic knowledge. By basic knowledge what I mean here is knowledge and importance of grounding and shielding, knowledge of understanding that Reiki is not just a mean of manifestation and basic knowledge of how Reiki flows.

So many people come to me saying my Reiki doesn't work, I am not getting vibrations in palms, my wish is not manifesting and so on. Again, here the basic concept is not clear. What they expect is, give Reiki to intention and it should be fulfilled. Hello, no... it is not going to work like that. Your mindset is wrong. Reiki always work but not always the way you may want it to. It will work only **FOR YOUR HIGHEST GOOD**. Yes, Reiki fulfills our wish if it is for our highest good and that's it. Have patience, keep calm, do Reiki and please keep wishes under control (being millionaire in 15 days won't work).

Let me give you few examples here for you to understand better.

John (name changed) is a master healer. He called me up and said I think Reiki is leaving me. I asked what happened. He said his girlfriend ditched him and he had been giving Reiki to get her back but nothing is happening. I was stunned

because here was a Reiki master who was talking like this. I did not give him any concept clearing advice. I asked him to talk to Archangel Chamuel and Gabriel, ask them to show a way, and give Reiki to an intention that “whatever is for my highest good happens regarding my relationship with ____”. Ok so he didn’t sound convince and I too didn’t stress. About 4 months after our talk, he calls up again and said you were right. I was holding on to my wish, holding on to something that was not for my highest good and hence it wasn’t manifesting. After he left the outcome to Angels and Universe, he had been able to move on. He is totally happy and not missing that girl now. Reiki helped him move on instead of sulking and crying over that girl.

Another incident, here the person was misinformed about how Reiki works. He had been told by someone to get Reiki healing and he can achieve anything. Let’s call him Jack. Jack called me and said he is extremely overweight, weighs 108 kgs. He wanted to lose weight because he wanted to find a girl. He is not able to find a girl to marry because of his excess weight. I asked is that the only reason? Don’t you want to lose weight because you want to be healthy and fit? He said he never bother about his weight, he likes his bulky looks. I admired him, here was the first someone who was not cribbing about being over-weight. (I belong to cribbing about the weight group)

I told him this is not going to be a magical process so patience is required. He wanted to try Reiki healing for 6 months.

So, I started healing him and my personal rule of Reiki is, instead of starting or directing Reiki with an intention, for few days I just let Reiki flow to wherever it is needed most. So, within 2 months this guy is calling me up saying he is getting engaged. I knew he didn’t lose weight so I was also surprised. He said it is an arranged marriage and this gal likes him the way he is. She doesn’t want him to lose weight just to impress her but would prefer if he remains healthy for her. He goes to gym now regularly.

Here we hardly saw any difference in weight because he was clinging on to it. He was like- I like it, I look powerful, It gives me distinct looks etc. His main intention

was to find a girl to get married and finally he found a girl who accepted him the way he is and inspired him to join gym to be healthy.

This is the magic of Reiki. Had I put intention for his weight loss so that he could find a girl, I know it would have taken more time. Instead Reiki helped finding him a girl that accepted him the way he is. She saw his sweet nature and loving heart and accepted that.

So, with this article, all I want to say is, don't get disheartened and doubt Reiki if it isn't working the way you want it to. There is something better because **REIKI ALWAYS WORK FOR YOUR HIGHEST GOOD.**

Reiki and Spells

Reiki and Spells - two powerful and different ways to heal, manifest and send your prayers to Universe. There are many people who loves to do spells and rituals (not black magic please). The spells that are done for good and harms none. How about merging spells and Reiki energy and see what the outcome is? As we all know, Reiki works for the highest good and hence no chance of going wrong anywhere.

Let us see how we can merge Reiki and spells. Most common things used in Reiki are candles, crystals, oils, herbs, tarot/angel cards and intention slips.

Space Clearing - Before starting any ritual or spell, cleanse your altar or the space you are going to do the ritual/spell. There are many ways to do that but since we are talking about Reiki here, let us go with Reiki method. Draw *Cho Ku Rei* on your palms and let the Reiki flow. Imagine multiple *Cho Ku Rei* coming out of your palm filling the room with divine light. While giving Reiki to the room, state ***This room is cleansed from all kind of negative energies and lower energies and only positive energy is allowed here, this or better. Thank you.***

Candles - In most rituals/spells, candles are used as fire element to send our prayers to Universe. Take your candle and roll and rub it between your palms. This will infuse the candle with your personal energy. Next, carve your wish on candle- **Love, Wealth, Health** or whatever it is. On the other side of the candle, carve Reiki symbols that you are attuned to.

Essential Oils - Now that your candle is ready, next thing to do is anoint it with oil. Take few drops of oil on your palm, draw Reiki symbols on it and give Reiki stating your intention. So now you have oil infused with your intention.

Crystals - Always use cleansed crystals. Take crystals in your palms and draw Reiki symbols over it. State your intention and visualize or imagine the desired outcome. Hold your intention for minimum 68 seconds, for when a thought is hold for 68

seconds, manifestation has begun. You can also anoint the stones with essential oils.

Angel/Tarot cards - Before using any card in ritual/spell, remove negativity from it. Draw Cho Ku Rei and give Reiki to it with the intention to remove negative energy and bring in Divine light. Next, hold the cards in your hand and meditate and see what message it has for you.

Intention slips - When you write your intention slip, draw Cho Ku Rei on four corners to seal the energy. On the back side of the paper, add Reiki symbols and give Reiki to this slip for few minutes.

Once all your set-up is done, spell is done, make a Chi Ball to energize the spell/ritual and release it over the spell/ritual set-up.

I know this makes your method lengthy but it also makes your spell/ritual more powerful and with the surety that it will work for your highest good.

Spread Blessings on New Moon

By now we all know New Moon is for starting something new and manifesting your wishes. Why not this New Moon we do something for others? Why not we spread blessings around?

The simplest way to spread blessing is through money. It reaches from one person to another touching so many lives.

For this we need plenty of coins in any denomination and currency. This is to be done on New Moon.

Bless Money

1. Make 4 bunches/pile of coins. You can take as many coins as you wish.
2. Take first bunch of coins. Draw Cho Ku Rei on it and give Reiki to it removing all negative energies accumulated to it. Now draw Cho Ku Rei + Sei He Ki and give Reiki and say: *Dear God, please bless the person who has these coins with financial abundance and prosperity now and forever, this or better. Thank You!*
3. Take second bunch of coins. Draw Cho Ku Rei on it and give Reiki to it removing all negative energies accumulated to it. Now draw CKR+SHK and give Reiki and say: *Dear God, please bless the person who has these coins with lots of love and happiness now and forever, this or better. Thank You!*
4. Take third bunch of coins. Draw Cho Ku Rei on it and give Reiki to it removing all negative energies accumulated to it. Now draw CKR+SHK and give Reiki and say: *Dear God, please bless the person who has these coins with protection and shield from evil now and forever, this or better. Thank You!*
5. Take fourth bunch of coins. Draw Cho Ku Rei on it and give Reiki to it removing all negative energies accumulated to it. Now draw CKR+SHK and give Reiki and

say: Dear God, please bless the person who has these coins with perfect health now and forever, this or better. Thank You!

Here we have infused coins with Wealth, Love, Health and Protection. Now mix all the coins. You need not know which coin is for what person.

Now as you keep using this coins, giving to others, you are spreading the blessings. These coins are blessed with prayers and Reiki so the right coin will reach the right person. Those who seek prosperity, they will receive prosperity blessed coin and hence on. As they too will pass these coins to others, the coins will bless their families too.

So, let us spread the blessings starting this New Moon...

Protection with 4 Archangels



Image by [Muffet](#)

Lately I have noticed that people who are into spiritual healing suffers from psychic attacks the most. Even though we shield ourselves, we are not immune to psychic attacks. Once I was praying to Archangel Michael and it dawned upon me that why only Archangel Michael, why cannot we invoke other angels too?

Hence, I came up with this technique and it works wonders.

1. You need white candle and black candle. Hold both the candles in your palm, draw all the Reiki symbols you are attuned to and say, *I command Divine Protection now and forever.* On white candle, carve **Divine** and on black candle, carve **Protection**. Lit both candles.

2. Pray to Archangel Michael - *Dear Archangel Michael, please remove all sort of psychic attacks, negativity and evil energies from my mind, body, soul and aura. Please shield me and my family in your purple cloak protecting us from all negativities. Thank You!*

3. Pray to Archangel Raphael - *Dear Archangel Raphael, please heal my body, soul, mind and aura from all the impact of negativities, psychic attacks and lower energies. Envelope me and my family in your emerald green light showering us with healing blessings. Thank You!*

4. Pray to Archangel Gabriel - *Dear Archangel Gabriel, please shower me with immense motherly love and care and fill my heart, mind, body, soul and aura with so much love that all the psychic attacks coming towards me transmutes to Divine Love. Thank You!*

5. Pray to Archangel Uriel - *Dear Archangel Uriel, please give me divine wisdom to release unwanted fears that attracts negative energies. Purify my mind, body, soul and aura from all fear based energies. Bless me with the wisdom to protect myself and family now and forever. Thank you!*

You can do this prayer daily before leaving for work or starting your day. It seems lengthy but once you get used to it, it will hardly take 5 minutes of your time.

Happy Birthday Dr.Usui

15th August is the birthday of **Dr. Usui**, a man, a guru who introduced the beautiful modality called Reiki, and on behalf of all the Reiki channels across the world, we thank him for bringing Reiki into our lives. **And as a thank you note, let us all send Reiki to his soul/ higher-self and to Universe and Mother Earth.** I don't know what would I be today had I not been introduced to Reiki. And I can't thank enough to Dr. Usui for introducing and sharing this divine healing modality. Reiki has changed my total perspective towards life and people. Made me a nicer and positive person than I was pre-Reiki. Thank you Dr.Usui again and again.

It is a double celebration for Indians as 15th August is our Independence Day. So very happy Independence Day to all Indians out there.

And, triple reason for me and my family to celebrate. It's my Pari's (my dog) birthday. Thank you angels for bringing this little furry bundle of joy in our life.

Happy Birthday Dr. Usui! We love you!

Chakra Affirmations and Healing

Your thoughts create your reality and when you start working with affirmations, your life starts to change slowly, making you a better, healthier and positive person. A journey from negative self-talks to positive and healthy present and future. Affirmations are positive sentences that work through our conscious and subconscious mind. It creates positive vibrations within us and hence these positive vibes we send out to Universe.

Kind words can be short and easy to speak, but their echoes are endless- Mother Theresa

Earlier I had written about healing with affirmations, this article is totally about chakra healing with affirmations. Let us start with Chakra affirmations.

Root Chakra

I am secure in myself and in this world.
I am grounded, I am rooted.

Sacral Chakra

I am radiant and my body is beautiful.
Love and goodness nourish through me.

Solar Plexus Chakra

I accept who I am. I love myself and others.
I am successful in everything I do.

Heart Chakra

I am love. I am loved. I forgive myself and others.
I am a giver and a receiver of Unconditional love.

Throat Chakra

I express myself clearly.

I speak truthfully.

Brow Chakra

I trust my intuition.

I am in tune with the Universe.

Crown Chakra

I am at one with the Universe.

I am connected to Divine.

So now that we know some affirmations to work with chakras. How to use them?

Self-healing

When you do self-healing, keep chanting the affirmation of the particular chakra.

Distant healing

When you are healing others, you can chant on their behalf. Eg- Xyz is one with Universe.

Meditation

Meditate on each chakra. Visualize a vibrant ball of the chakra color spinning clockwise and chant the affirmations.

Crystal healing

Take 7 chakra stones. Take each stone and program it with its chakra affirmation. Program all 7 stones. Lie down and simply place the stones on each chakra. Simply lie down and relax for 20 minutes. Alternatively, you can give Reiki by hovering your hands over the chakra stones.

Water

Hold water bottle between palms. Set the intention to cleanse chakra and keep them activated. Chant each chakra affirmation minimum 28 times while giving Reiki. Now you have a bottle filled with all 7-chakra affirmations. Consume the water.

Simply chant

Chant the affirmations whenever you are free.

Write

Write it down daily. No, mechanical writing won't work, it needs conscious efforts.

Isn't chakra healing way simpler with affirmations? Try this and let me know.

I Release - Full Moon Ritual

Full moon is the time to release stagnancy, blockages, let go of the past and cut the cords of the things that serves you no more. Here is a profound decree for RELEASE to be performed on full moon.

1. Light a white candle. Place some flowers beside it.
2. On a paper, draw 4 Cho Ku Rei on the 4 corners of the paper to seal the energy. If you are attuned to Dai Ko Myo, draw a big DKM on paper with your finger so it is invisible. Draw Sei He Ki with finger to heal mental and emotional issues and draw Hon Sha Ze Sho Nen to connect to the past. (If not attuned to Reiki or any symbols, skip #2)
3. Write down I RELEASE invocations giving emphasis to “I RELEASE” by capitalizing it.
4. *“Dear Universe, God, Goddess and Archangel Michael*
 - *I RELEASE all negativity attached to my body, mind, soul, and aura from across lives, space, dimension, and times.*
 - *I RELEASE all the blockages that hinders my growth and progress from body, mind, soul and aura; across lives, space, dimension, and times.*
 - *I RELEASE all karmic vows and promises I might have taken intentionally or unintentionally which blocks me from achieving my goals and happy life from my mind, body, soul, and aura across lives, space, dimension, and times.*
 - *I RELEASE all the curses I am carrying since across lives, space, dimension, and times from my mind, body, soul, and aura.*
 - *I RELEASE all the buried anger, negative emotions, financial blockages, and addictions from my mind, body, soul, and aura across lives, space, dimension, and times.*

- *I RELEASE all unpleasant and negative memories from each of my cells, mind, body, soul, and aura across lives, space, dimension, and times.*
- *I RELEASE and cut all cords from all aspect of my life that does not serve me anymore, that creates blockages and drains me off my energy from my mind, body, soul, and aura across lives, space, dimension, and times.*
- ***I hereby declare that I am healthy, wealthy, safe and happy now and forever.***
- ***I hereby declare that I am love, I am energy, I am power.***
Thank You God, Goddess and Archangel Michael for RELEASING all past lives issues and cutting all negative cords from my mind, body, soul, and aura across lives, space, dimension, and times."

5. Hold the paper in palms and give Reiki to it for as long as you are guided to. (Skip this if not attuned to Reiki)

6. If possible, go out in open area or balcony. Draw HSZSN and connect to moon energy, Goddess Diane and Archangel Haniel. Read out the letter aloud if possible, emphasizing on I RELEASE. If you are not attuned to Reiki, just invoke moon energy and Goddess Diane and Archangel Haniel. If you cannot say aloud, read in mind.

7. Burn the paper once you are done.

Here we are releasing blockages and stagnancy related to all aspects so no need to concentrate on aspects like finance, love, health etc only.

Prosperity Spray

It's been long since I have written about prosperity and abundance topic. As I always say, money is essential part of our life- to achieve desired goals and fulfill our and our family's dreams. Along with hard work to achieve goals, adding little magic won't harm, what say?

You will need lots of stuff to make powerful prosperity spray.

- Green/Golden candle
 - Archangel Ariel/Goddess Laxmi/Goddess Abundantia/Goddess Fortuna picture or statue.
 - Tarot - Empress, 9 of pentacles and 9 of cups
 - Crystals - Citrine, Jade, Tigers Eye, Green Aventurine and any other money stones you have.
 - Essential Oil- Blend of 3 drops gardenia essential oil + 3 drops peppermint oil +3 drops cinnamon oil + 2 drops bay oil. You can also add basil oil, ginger oil or patchouli oil.
 - Herbs - Basil, Cinnamon stick, 4 cloves, 1 dried ginger root and 1 Star Aniseed
 - Cup of rock salt or Himalayan salt
 - 1 liter water in a bowl
 - Spray bottle
1. On your candle, carve WEALTH. On other side of candle, draw Reiki symbols. Anoint with the prosperity oil you blended. Lit it and place it in front of picture/ statue of Goddess/ Angels.
 2. Take cleansed stone. Program it to attract more money in your life. Give Reiki to it or charge with mantra or prayers. Place the stones beside the candle.
 3. Place oil blends and herbs beside the candle.
 4. Make a circle in front of the candle of the size of the bowl with salt. Draw Cho Ku Rei with finger inside the circle. Place all 3 tarot cards piled up on each other. Place your water bowl on cards.

5. Add crystals, herbs and 8-10 drops of your oil blend to water. Stir thrice with cinnamon stick and put cinnamon stick in water as well.
6. Touch your water bowl with both hands and pray - *“Dear God, Goddess Laxmi, Lord Narayana, Archangel Ariel, Goddess Abundantia, Fortuna and Tara and Universal Life Force Energy (Reiki), Please channel your power and energies into this water to bless me, my family, my home, my work, my bank accounts and money box with financial prosperity. Infuse this water with magical power of financial abundance and prosperity to bestow on me, my family, my home, my work, my bank accounts and money box. Thank you, Thank you, Thank you.”*
7. Leave the bowl on altar till the candle is burning. Later sieve and fill in clean spray bottle. Spray on self, family, home, office, money box and put a drop on cheque/check book or pass book.

This seems like a lot of work and ingredients but it is very powerful too.

Turquoise and Reiki



Image by [starbright](#)

Turquoise is known as the **“Stone of Heaven”** as it builds a bridge between a wearer and spiritual realm. The color of turquoise varies from sky blue to peacock blue to sea green. The black/brown veins strengthen all the healing properties of this stone. It is one of the most powerful stone to work with mainly because of its resonance with three chakras: Third Eye chakra, Throat chakra and Heart chakra. It promotes and unblocks your hidden potential and creativity from deep within you.

Before using any stone, it is very important to cleanse and charge it. It is extremely easy, just hold in your palm and draw Cho Ku Rei and give Reiki with intention to cleanse it. After 3-5 minutes, draw another Cho Ku Rei and Sei He Ki and other symbols you want to invoke, give Reiki while chanting a prayer or mantra. The proper in-depth method of cleansing and programming is mention in my previous articles.

Turquoise as Protection

Turquoise is also called **“Purification Stone”** for its ability to protect the wearer from all kind of negative energies as well as shielding from outside pollution. It purifies the aura from all levels. It is also one of the best stone to carry during traveling. Even though it is the stone resonating with upper chakras, it will always keep you grounded and rooted to Mother Earth.

Turquoise for Healing

On healing terms, wearing Turquoise helps balance and aligns all your chakras. It helps people who are suffering from depression and mood swings by keeping them joyous. It is basically all purpose physical healing stone as it has the ability to heal whole body. It is best for issues like sore throat, cold, cough, headaches, migraine, eyes and ears issues, blood pressure, acidity, stomach problem, viral infection, brain related issues, absorbs nutrients and more...

Turquoise for Finances and Career

As a finance stone, it helps you make wise financial decisions, helps you invest and save money wisely and stops you from being a spendthrift. It helps communicate clearly, making no space for misunderstanding. It is advisable to wear turquoise whenever you have to make financial deals. A highly recommended stone for speakers, teachers, lawyers and all who are into a career where communication needs to be crystal clear.

Turquoise for Emotions

As I said earlier, it is best to heal depression and mood swings. Wearing turquoise promotes self-love, self-worth, self-awareness and self-forgiveness. It promotes generosity and affection and opens your heart to accept love. It opens your Heart chakra and makes giving and receiving love without inhibitions. It also promotes marital bliss to the fullest.

Turquoise for Chakras

Placing a turquoise on Third Eye chakra will help release old vows. It increases your intuition and allows the soul to be free of all bindings. As a Throat chakra stone, it aids with crystal clear communication and help you voice your opinions. If you are shy, this stone will help you come out of your shell.

Turquoise for Manifestation

It is one of the best manifesting stone. It brings good luck to the wearer and it is said to bring double luck if it should be gifted to someone.

Combining Turquoise with Other Stones

Weight loss = Turquoise + Iolite + Apatite

Grounding = Turquoise + Hematite + Red Jasper/ Red Aventurine

Protection = Turquoise + Black Tourmaline/ Smoky Quartz

Love = Turquoise + Rose Quartz

Intuition = Turquoise + Amethyst + Clear Quartz

Manifestation = Turquoise + Lapis Lazuli

Money bring and save = Turquoise + Citrine

Luck = Turquoise + Green Aventurine

Confidence and Focus = Turquoise + Carnelian

Just work with Turquoise and see the magic begins.

Reiki for Mercury Retrograde



What is Mercury Retrograde? Without going into much astrological details, mercury retrograde means the planet Mercury is moving slower than Earth giving an illusion that it is moving in backward direction. It is the time when Mercury seems to be in opposite motions; though it is just an illusion and only for a short phase.

What does Mercury Retrograde do? According to some astrological experts, Mercury is known for the planet which influences Throat chakra and hence during mercury retrograde phase, the main thing to get affected is communication. People may see turbulences in certain areas such as communication issues, misunderstandings, technical issues, electronic gadget problems, travel issues, negotiation problem, buying-selling problem etc.

How to deal with it? We cannot stop living our life, we cannot avoid work-related or emergency travel or we cannot put our business on hold. **Best thing to do is not to get obsessed thinking about it. Don't be superstitious but just beware.** Positivity attracts positivity.

Reiki away the mercury retrograde effects

1. On a paper, draw Cho Ku Rei on 4 corners to seal the energy. If you are attuned to Dai Ko Myo, then trace DKM symbol with finger on the paper.
2. State your intention- *The mercury retrograde from 30th August 2016 to 22nd September 2016 (Change date during next phase) brings all the positive changes in my life. It releases all the stuck patterns and old beliefs that hinders my*

progress. It brings total clarity in communication with self and others eliminating any scope of misunderstandings. All my electronic gadgets are protected and safe. It brings technical issues to halt. It helps and promotes safe travel. It brings harmony and peace in my life leaving no space for stress and anxiety. Thank You Reiki, so it is.

3. With your finger, trace Reiki symbols sandwich on the paper - CKR+DKM+SHK+HSZSN+CKR. Take paper in your palms and give Reiki for 10-15 minutes daily till mercury retrograde phase ends. You can continue for a week more to eliminate shadow effects.

Grounding and shielding is a must daily. Also, draw CKR on all your 7 chakras daily to protect you and empower you on daily basis.

If you like working with switchwords, you can add switchwords to your above intention. WITH- MAGNANIMITY- HONEYSUCKLE- ON

Some crystals you can carry during mercury retrograde- lapis lazuli, amazonite, aquamarine, rose quartz, black tourmaline, hematite, smoky quartz, moonstone, fluorite, selenite, blue lace agate.

Again, don't be superstitious. Don't keep thinking about it. I would never suggest dwelling into don't do this or that. If you face a problem, ask Mercury what does it want you to realize? What you need to know or learn from this situation.

Mercury retrograde has positive sides too, it brings out stuck patterns, releases old memories and makes you realize the things you are unaware of. It is called 3-REs of mercury retrograde- REmember-REalize-RElease. Take advantage of this phase by letting go off stuck issues, welcoming old memories or old friends and realize and accept the lessons life brings.

Helpful Crystals during Mercury Retrograde



Mercury Retrograde is the phase during which some disturbances in life are expected. There might be communication problems, misunderstandings, stress and anxiety, technical and electronic problems, or issues during traveling and what not. Here let me tell you one thing, the more you think about it, the more you receive it. It's law of attraction so keep your thoughts positive all the time. Positivity attracts positivity.

Before using any stone, it is a must to cleanse the stone from any negative energy accumulated. Infuse your stones with Reiki while programming to amplify the energy of crystals. You can as well use switchwords to program your crystals: WITH-MAGNANIMITY- HONEYSUCKLE- ON

To help us ease the effect and pass this phase smoothly, there are some crystals that can be helpful.

Lapis Lazuli- Clear communication

Carry or wear this for clear communication.

Fluorite- Balanced thoughts

Carry, wear or keep at work place for balanced thoughts.

Amazonite- Harmonious communication

Carry, wear, keep in the office or at home for harmonious communication.

Aquamarine, Blue Lace Agate- Calming emotions

Wear, carry or place it at home or office to keep emotions calm.

Hematite- Grounding and protection

Carry, wear, place at home or office, or place it in a car for grounding and protection.

Moonstone, Carnelian- Mood swings

Carry or wear if you are prone to mood swings.

Black Tourmaline- Protection, EMF

Carry, wear or place in office/house for protection. Place near electronic devices to protect from EMF.

Selenite, Rose Quartz, Amethyst- Stress and anxiety

Carry or wear to keep stress and anxiety away. Keep under pillow if you tend to think about worrisome issues at night.

Jade, Prehnite- Positivity

Carry, wear or place at home or office to promote positivity in self as well as your surroundings.

Red Jasper, Black Obsidian- Electronic devices

Place near electronic gadgets to protect them.

Pyrite, Howlite- Clear energy chaos

Wear or carry to clear energy chaos from your energy field.

Blue Kyanite- Stone of mediators and communicators

Wear or carry if you have a meeting or upcoming negotiation.

Hematite, Lapis, Tigers Eye- Travel safety

Keep in car for safe travel.

Again, don't let this mercury retrograde phase take over you. Don't keep thinking about it. Stay positive, be positive and you attract positive.

Psychic Surgery with Crystal Wands

Psychic Surgery is a virtual method of surgery to remove old debris, blockages, negativities, thought-forms, memory imprints from your auric field and body. It is a powerful yet gentle method of treatment. It removes root cause of the problem which if not dealt with, can cause anguish and sufferings. The method to perform Psychic Surgery is mentioned here.

This article is about doing psychic surgery with crystal wands. You require one selenite wand and other one can be any wand, whatever you have.

1. Cleanse your wands and charge it with Reiki energy.
2. Protect yourself by drawing Cho Ku Rei on all your 7 chakras and on palms.
3. Imagine yourself as a doctor and Selenite wand as your scalpel.
4. Draw a big Cho Ku Rei on the area where psychic surgery is to be performed. Now with your Selenite wand make an imaginary incision on the area in the air.
5. With your Selenite wand dig and scrap out all the debris and blockages. (Same way you scrap rust or dirt from an object).
6. Now point your Selenite wand towards the scrapped debris and blockages and imagine all the debris, blockages, negativities, thought-forms and memory imprints been suctioned by the wand. Keep rotating your wand and imagine the area is totally cleansed.
7. Keep Selenite wand aside. Now take your other wand and point it towards the cleansed area. Draw Cho Ku Rei and Dai Ko Myo in air with this wand. Imagine Cho Ku Rei and Dai Ko Myo multiplying and filling the whole cleansed area.
8. Call upon Archangel Raphael and ask him to fill the area with divine emerald green light. Point wand towards area and imagine the whole area is filled with green healing light.
9. Once you feel it is done, draw a big Cho Ku Rei and say seal seal seal.
10. Thank Archangel Raphael and Reiki.

Here Selenite wand is used to remove all the negative energies wherein the other wand is used to fill the area with light.

15 Various Ways to Use Distant Symbol



Distant symbol is known as Hon Sha Ze Sho Nen in Reiki which means no past, no present, no future. It knows no time, space, distance or dimension. It can connect to past, present or future events as well as past life and past life issues. So, how can we make most out of this beautiful and miraculous symbol? Below are few different ways to use HSZSN.

1. Using HSZSN, you can connect to anyone across globe to do **distant healing**. Take a substitute dummy and connect it to person's energy or write person's name on paper, draw HSZSN and connect to person's energy. Draw in air and connect it with person's energy.
2. You can connect to your past and **heal past issues**. Connect to past events and heal the issues related to the event.
3. Connect to your past lives to **heal past life issues**.
4. Heal the issue by connecting and **sending healing to the root cause**.
5. Time travel to future and place an energy ball for **future events**.
6. Connect to aura and each chakra and **heal aura and chakras** of clients.
7. **Connect with** Archangels, guides, guardian angels, higher-self or **spiritual realm** before healing or meditating.
8. **Connect with particular organ** and heal the issues across lives. Eg:- Say, HSZSN x3, Connect to xyz's liver across lives x3. Continue to send Reiki using other symbols.
9. Putting Cho Ku Rei + HSZSN + Cho Ku Rei amplifies the energies of the distant symbol.

10. **Connect with your subconscious mind** with HSZSN and ask it to download info related to the concerned issues across lives.
11. Draw 2 HSZSN side by side on a paper. **Put under pillow before sleeping** and think of the issue bothering you while sleeping. You may get the answers in dreams or in thought process. You need to do this for 15 days and yet nothing comes up, it means this is not the right time for you to receive that info.
12. Program your crystal for healing with HSZSN for **distant healing with crystals**. Draw distant symbol on your stone and connect it to the person you need to heal. State intention, visualize outcome and draw other symbols and give Reiki. Place on altar.
13. If you are doing **card reading**, draw the distant symbol on the cards and connect to client's energy prior to reading.
14. When doing **rituals or spells**, connect the whole ritual/spell set-up with distant symbol to client.
15. **Healing past year to year**- Draw HSZSN and intone its name thrice. Say thrice, connect to xyz. Draw distant symbol again and say thrice, connect to all 12 months of the year 2015. Draw CKR and SHK and send Reiki to that year with the intention to heal unresolved issues, difficult phase, forgiveness for hurting someone and forgiving others. Do this for each year for 2-3 days. You can also heal 2-3 years together, 2012-2015. Pay more attention and give more Reiki to the difficult phase of your life.

If you know any more, please share in the comments section. Main intent here is to share knowledge.

All You Can Do on Full Moon

There are umpteen of articles to read and umpteen of rituals to do during Full Moon and New Moon. It becomes extremely confusing when you read so many ritual methods, what to do and what not to. Here I am giving basics of Full Moon rituals, things you can do if you have no intention in mind or if unsure what to do.

Full Moon Release - As we all know; full moon is the best time to sever what serves you no more. It is the time to release all the blockages, negativities and stagnant energies that pulls you down and hinders your progress. Release your blockages and everything toxic from your mind, body, soul and aura.

Charge Crystals in Moonlight - Charge your crystals with the powerful and purest energy of full moon. Simply place them outside overnight in a balcony or a window sill and let them soak into divine energy of full moon.

Moon Water - Make moon water on every full moon so that you can use the energy and blessings of full moon throughout the month, till the next full moon.

Cards and Decks - Keep your angel or tarot card decks out to be charged with the energy of mystic moon energy.

Jewelry charge - You can even keep your jewelry out to savor the energy of full moon.

Meditate - If possible, spend time outside in park or open area at night and meditate. Meditate at least for few minutes, indoors or outdoors depending on your location and situation. Full Moon is the time for heightened intuition, meditate and take full advantage of the full moon energy to increase your intuition and charge yourself.

Archangels - Pray and invoke the energies of Archangel Haniel, Archangel Gabriel and Goddess Diana.

If you have personal issues, then follow the rituals or spells related to it. Above mentioned are the simplest things you can do on full moon. It looks like a big list but trust me, it is not that difficult or time consuming.

After Reiki Level 1

Over the years, I have come across Reiki practitioners who lack the basic knowledge of Reiki. There are few who are newly attuned to level one who are still confused but hesitate to take their queries to their teacher. I want them to know that these confusions are normal and there should not be any hesitancy asking your teachers about the queries.

There are few who gave up practicing just because they felt Reiki is not working for them on the basis that they don't get healed or their wishes not getting manifested. Okay so, let me tell you one thing here. Reiki always works but not the way you may want it to, may not be giving the outcome you had in mind and hence you felt it is not working. Reiki works for the highest good and hence at times you don't see immediate result because the healing is happening from the root issue. And don't forget, you are still level one, wait till you are introduced to symbols in level 2 and the magical life after level 3. Have patience and keep in mind that Reiki works for the highest good and at the right time. At times healing duration varies from issues to issues and person to person, so don't compare with others.

There are few who have doubts on their Reiki energy because they don't feel any vibrations or cold/hot sensations. Well frankly, I felt nothing till I did my level 3. There were times when I too had doubts and on the verge of giving up. Then through a friend I stumbled upon Reiki Rays website and articles here, especially by Ananya Sen and Haripriya Suraj, help me find my lost confidence. The vibrations in palms, hot-cold sensations or any other sensations are not mandatory. Be rest assured that your Reiki is still working and flowing through you even if you feel nothing. Energy is reaching wherever it is needed. Don't doubt yourself and Reiki and let the Reiki flow and keep practicing.

Must do after reiki level one

Self-healing: Self-healing is must for 21 days after the attunement. It will help you go through the detoxification phase **if** you are going through detoxification. Also, daily self-healing will keep your chakras balanced and unblocked, giving a healthy

and happy life. Follow the self-healing hand positions taught to you by your teacher or find one here.

Shielding: Another most important thing is shielding and protection. Shielding techniques will keep you protected from negativities, lower energies, psychic attacks and evil eyes. You can follow the methods taught to you or find one here.

Grounding: Grounding is one of the most under-rated aspect of healing. Grounding not only keeps you rooted to mother earth, but it has other umpteen of benefits. Details about grounding can be found in one of my previous articles All about Grounding.

Chi-ball: Practice chi-ball more and more as it is one of the easiest and quickest method of sending healing and sending wishes to Universe. Initially you may not feel energy between palms, but don't worry. Just make your chi ball, put intentions and release it.

Aura Cleanse: Cleansing aura will keep you refreshed, healthy, happy and free of negative emotions. Cleanse aura to get rid off accumulated negative energies and blockages.

Healing friends and family: After level one, apart from yourself, you can also heal your friends and family in person. Distant healing is introduced in level 2.

When to do

Self-healing: Whenever you have time

Aura cleanse: Best is to do at first thing in the morning and last thing at night.
(okay if you do any time, do no set rules about timings)

Shielding: After aura cleanse and multiple times during the day whenever required.

Grounding: Best is morning or else whenever you have time.

Meditate: Even for few minutes, start meditating.

Chiball: The more the better, anytime.

Reiki is a huge topic and it is not possible to cover everything in a manual so I suggest you keep reading Reiki related book and articles to gain more and more knowledge.

There is much more you can do after Reiki level one, above I have written only about the **MUST DO** things. You can start giving Reiki to food, wallet, bed, medicines, kid's books and everything and anything. Just don't get discouraged because of silly reasons like it is not working or not getting vibrations. Have faith and patience.

I Command - New Moon Ritual

When you say I COMMAND to your wish, you are giving loud and clear message to Universe, angels and guides to help you manifest your wishes. New Moon is the time to bring in new energies and manifest your desires.

1. On a white candle, carve Reiki symbols. Carve Wish fulfill on other side.
2. Put some flowers beside the candle.
3. Lit the candle. On a paper, draw CKRs on 4 corners of the paper to seal the energies. If you are attuned to DKM, draw a big DKM on paper with your finger so it is invisible. Draw SHK with finger to heal mental and emotional issues and draw HSZSN to connect to the past. (If not attuned to Reiki or any symbols, skip #3)
4. Write down I COMMAND invocations giving emphasis to **"I COMMAND"** by capitalizing it.
5. Write - "Dear Universe, God, Goddess and millions of manifesting angels:
 - I COMMAND a fit and healthy life for me and my family.
 - I COMAND only positivity to surround me, my family and my house.
 - I COMMAND infinite abundance and prosperity for me and my family.
 - I COMAND hike in salary/ hike in business now and forever for me and my family.
 - I COMMAND to earn _____ amount per month every month.
 - I COMMAND respect and honesty from all my family members, friends, colleagues and associates.
 - I COMMAND unconditional love from family and friends.
 - I COMMAND safety and protection from all kind of psychic attacks, lower energies and negativities for me and my family.
 - I COMMAND absolute and infinite happiness for me and my family.
 - I HEREBY DECLARE TO BE HEALTHY, WEALTHY, SAFE AND HAPPY.Dear God, Goddess and all the manifesting angels, thank you for fulfilling all my wishes and desires, this or better. Thank you."
6. Hold the paper in palms and give Reiki to it for as long as you are guided to. (Skip this if not attuned to Reiki)

7. If possible, go out in open area or balcony. Draw HSZSN and connect to moon energy, Goddess Diane and Archangel Haniel. Read out the letter aloud if possible, emphasizing on I COMMAND. If you are not attuned to Reiki, just invoke moon energy and Goddess Diane and Archangel Haniel. If you cannot say aloud, read in mind.

8. Burn the paper once you are done.

You can add your personal wishes to the I COMMAND list.

Programming Mind for the Highest Good

Before proceeding further with this article, I would like to make one thing very clear, **“Programming Mind”** doesn’t mean that you can program someone’s mind as per your wish or program their mind to do things as per your wish. **“Programming Mind”** doesn’t mean that you can force your thoughts on someone. We are going to use Reiki energy here and Reiki works only for the highest good. So bad or negative intentions will not work, Reiki will transmute it to positive. So, unless the programming is for the highest good for you or the client, it will not work.

So, who needs programming here? Here, **“Programming Mind”** means filling your mind with positive thoughts rather than dwelling upon negative. We are not removing negative thoughts here; we are simply filling the mind with so much positivity that negativity transmutes into positivity. People who are always thinking negative, who imagines worst scenario from every situation, who keeps finding faults or the ones who are suffering from addiction, depression or anxiety can be benefited by **“Programming Mind”** technique.

The **“Programming Mind”** technique is extremely easy as it is totally based on positive intentions. It is best to use affirmations when programming. Here we are going to use lots of Sei Hei Ki. SHK is called mental and emotional healing symbol, works best to heal unwanted mental and emotional habits, soothe aching heart, heals addictions and it reinforces positive attitude by healing your ego.

Step by Step Method

1. Clear your mind and call upon your guides and angels. If you are healing a client, call upon their guides and angels. Ask them to assist you in programming mind for your/client’s highest good. Ask them to fix lapses and mistakes.
2. Draw Cho Ku Rei on all your 7 chakras. Draw CKR + SHK + HSZSN + SHK + CKR sandwich on both palms.

3. Draw the same symbols sandwich on your/client's Third Eye chakra (front and back).
4. Place your one palm on the back of Third Eye chakra or at the base of the skull and another palm on the front Third Eye chakra.
5. State the affirmation thrice for the issue you are healing. Give Reiki for about 5 minutes. Imagine multiple SHK floating inside the mind and transmuted all negative to positive thoughts. Optional: You can recite the affirmation continuously for 5 minutes or you can recite it again and again now and then while giving Reiki.
6. State another affirmation and give Reiki for 5 minutes visualizing SHKs floating inside the brain. Do this for each affirmation related to the issue. In short, give Reiki to each affirmation for 5 minutes by keeping your palms on front and back Third Eye chakra.

Saying affirmation thrice or multiple times while giving Reiki will pass the affirmative thoughts into the deep consciousness.

For distant healing, do surrogate method. Do this for 21 days and see the changes.

30 Various Ways to Heal with Cho Ku Rei



Earlier in one of my previous article I had given in-depth details on various uses of HSZSN. I got many emails wherein I was asked to write about other symbols too. So today's article is about Cho Ku Rei - The Power Symbol.

Using Reiki symbols more and more strengthens your connection with these symbols and strengthen your energy flow as well. Do not only use these symbols while healing, try to merge it with your daily routine. Be as creative as you can, you cannot go wrong.

Cho Ku Rei, the very first symbol of Usui Reiki and one of the most powerful symbol to work with, is also known as **"The Power Symbol"**. It can be drawn before starting any healing and before drawing other symbols to intensify and make your healing more powerful. CKR is also one of the most powerful and apt symbol to remove negativities from body, aura or space.

Let us see how we can use more of Cho Ku Rei in daily routine and healing

1. As I said earlier, draw it on your palms before starting any healing session. It is like switching on the light.
2. Draw it before other symbols to intensify, empower and enhance the energies of other symbols.
3. Give spot-on healing on pain affected area by drawing CKR on the painful area and give Reiki.
4. Draw on food and water to remove toxins from food. Draw on medicines to reduce side effects.

5. Just write your intention, draw CKR and give Reiki to empower the intention as well as remove stagnancy and blockages related to the wish. Here you can also add other symbols if you wish.
6. Draw on each chakra while self-healing to remove negativity and blockages. It will also make your chakra rotate actively.
7. Draw on each chakra before healing others to shield yourself from taking upon client's negativity, thought forms or emotions.
8. Draw on your Foot chakra to ground yourself.
9. If you have upcoming meetings, draw on your palms and shake hand with others to transfer the powerful and positive energy to them.
10. End your healing sessions by drawing Cho Ku Rei to seal the energy so that energy won't disperse.
11. Before writing intention slip, draw Cho Ku Rei on 4 corners of the paper to seal the energy.
12. Draw in room, corners, walls, ceilings or space to break stagnant energies and to clear it from negativity and lower energies.
13. On any project files, draw HSZSN+CKR and give Reiki daily.
14. Draw on crystals to cleanse them as well as charge and enhance their energies.
15. Draw on card decks to cleanse the deck and empower with Reiki energy.
16. Draw around you on all 4 sides to cleanse and protect your aura.
17. Protection- Visualize a balloon or an egg around you and imagine yourself and family inside it. Draw a CKR and intend that it keeps multiplying. Imagine umpteen of CKR in the balloon. Intend that only positive is allowed inside and negativity cannot enter inside the balloon.
18. Before meditation, draw Cho Ku Rei over Crown chakra and Solar Plexus chakra.
19. Draw on your wish list to manifest it faster.

20. Empower business cards, FB pages, bank accounts, cheque/check books by drawing CKR over it.
21. Draw on plants for keeping the plants healthy and grow faster.
22. Draw a big CKR and step into it. Let the energies of it engulf you from top to bottom. This will keep you protected from evil eyes and psychic attacks.
23. Make a sandwich with other symbols to intensify energies of other symbols. Eg:- CKR+SHK+CKR, CKR+SHK+HSZSN+CKR, CKR+ZONAR+SHK+CKR, CKR+RAMA+SHANTI+CKR and so on... Merge it with Zibu symbols to enhance the energies of Zibu symbols. Draw a big CKR and imagine hugging it. It will give instant surge of energies when you feel low on energies.
24. Draw over Switchwords and Energy circles to amplify their power.
25. Draw on phone before attending a call to keep the conversation positive and in your favor. Draw on texts before them.
26. Draw on gadgets to reduce EMF effects.
27. Draw on bed/pillow to keep nightmares away.
28. Carve on candle before starting candle healing or any ritual.
29. Empower herbs and oils to magnify the effect of your ritual/spell.
30. Draw with finger or third eye in your office to keep negativity and jealousy at bay.

These are just few examples; you may be as creative as you can and use this bundle of power as much as you can.

Cleansing with Pendulum



Image by [Taz123](#)

According to me, pendulum is one of the most under-rated tools for healing. It can do way more than give yes or no answer to your queries. And when it is merged with Reiki energy, the result is profound. I personally don't use pendulum for yes/no, but pendulum is my savior when it comes to cleansing. Cleansing chakras, aura or space, I use pendulum for all.

Chakra Cleansing

1. Cleanse your pendulum and draw the Reiki symbols over it. Give Reiki to it for 5 minutes with the intention to cleanse, unblock and balance all the chakras.
2. Ask your client to lie down and draw Cho Ku Rei on each chakra. Now hover the pendulum over the Root chakra and ask it to cleanse and unblock the chakra. Let the pendulum swing (Swinging direction depends from pendulum to pendulum). Once it stops, ask the pendulum to balance the chakra and fill it with divine light. Let it swing till it stops. Do the same method for all the chakras.

You can also place chakra stones over the chakras and then continue with the above method.

Chakra Cleansing II

This is another method of chakra cleansing wherein you don't need your client in-person or a substitute dummy.

1. Draw distant symbol over the pendulum and intone HSZSN thrice. Say thrice- *Connect to xyz (client's name)*. Again, draw distant symbol intoning the name thrice and say thrice- *Connect to xyz's Root chakra*.

2. Hold your pendulum over empty space and ask it to cleanse Root chakra and let it swing. Once it stops, ask the pendulum to balance the chakra and fill it with divine light. Let it swing till it stops.

3. Again draw distant symbol and connect to next chakra and do the above procedure. Do same for all the chakras.

Aura Cleansing

1. Take cleansed pendulum and draw Reiki symbols over it. Give Reiki for 5 minutes with the intention to cleanse aura.

2. Draw distant symbol over the pendulum and connect it with the energies of your client.

3. Hold your pendulum over empty space and let it swing. It may take merely 2-3 minutes or may go on for about 15-20 minutes. Just sit patiently and let the pendulum do its work. Once it stops, ask pendulum if the aura is cleansed. If it says no, continue doing the same next day as well.

Room Cleansing/ Space Clearing

1. Sit in a room. Draw Reiki symbols and charge pendulum with Reiki energy. Hold the pendulum and ask if the room has negative energies or entities. If it says yes, follow the given method below to cleanse the room. If it says no, go to another room and check.

2. Draw Reiki symbols that you are attuned to on the pendulum. Draw 3 Cho Ku Rei symbols. Give Reiki with the intention to cleanse the room from all sort of negative energies and entities. Let it swing. Again, the time duration may depend from room to room. Have patience and let the pendulum do all the cleansing.

3. Once it is done, ask pendulum if the room has negative energies or entities. If it says yes, do the above method again. If it says no, go to the next room and carry on with the above method.

Room Cleansing/ Space Clearing II

If you are doing distant cleansing, draw HSZSN over the pendulum and connect it to client's each room one by one. Hold the pendulum and let it swing till it stops. Method is same as above except here you connect the pendulum to client's rooms.

Watch out for my article about cord cutting with pendulum; coming up soon.

Let Go of the Outcome



Image by [ThomasWolter](#)

Why doesn't my Reiki work?

One of the most common query with new Reiki practitioners is “**Why doesn't my reiki work?**” Ah well, Reiki always work but may not work according the way you want it, may not bring your desired outcome, may not manifest at your desired time BUT it always works; **for the highest good and at the perfect divine timing.**

There are certain things you need to self-check before coming to the conclusion that your Reiki is not working!

Attached to the Outcome

Are you terribly attached to the outcome? When you are terribly attached to the outcome, it may be because of your **ego** creeping in. Your ego is creating the blockage, your ego wants to show off the healing abilities, your ego wants to manifest fast just to show off. So, one of the most important thing is not to get attached to results. Ditch that ego. Know that you are just a channel and healing/manifestation will take place at the divine timing and for the person's highest good only.

Another reason for being terribly attached to the outcome is **desperation**. Desperation shows that you don't trust the divine timing and outcome that Universe wants for you. Best is, give Reiki with whatever is your intention and let

the Reiki do its work. I know it is easier said than done but trust me, it is not impossible to be detached from the outcome.

Do you ask your doctor how healing is going? No, you just take the medicines prescribed without bugging the doctor. Ask your clients not to bug you. If you ask any of my client, the one thing they all may tell same is, I do not let them bug me or make 100s queries about how healing is going. Personally, if the client starts getting hysteric or keeps bugging me, I start feeling pressure and start getting hooked to the result; for all the wrong reasons (just to show that Reiki works). So, in most of my success cases, I followed one thing- just give Reiki to the issue, try to heal the blockage or Reiki the intention, without worrying too much about how, when and what.

Belief

You have to believe it works. There is no space for doubts. Also, ask your clients to have faith and trust in this divine energy. Keep in mind, never give false promises which lead to client's distrust in this beautiful energy. Just give Reiki and let Reiki and angels do the rest of the work.

*Your beliefs become your thoughts,
Your thoughts become your words,
Your words become your actions,
Your actions become your habits,
Your habits become your values,
Your values become your Destiny.*

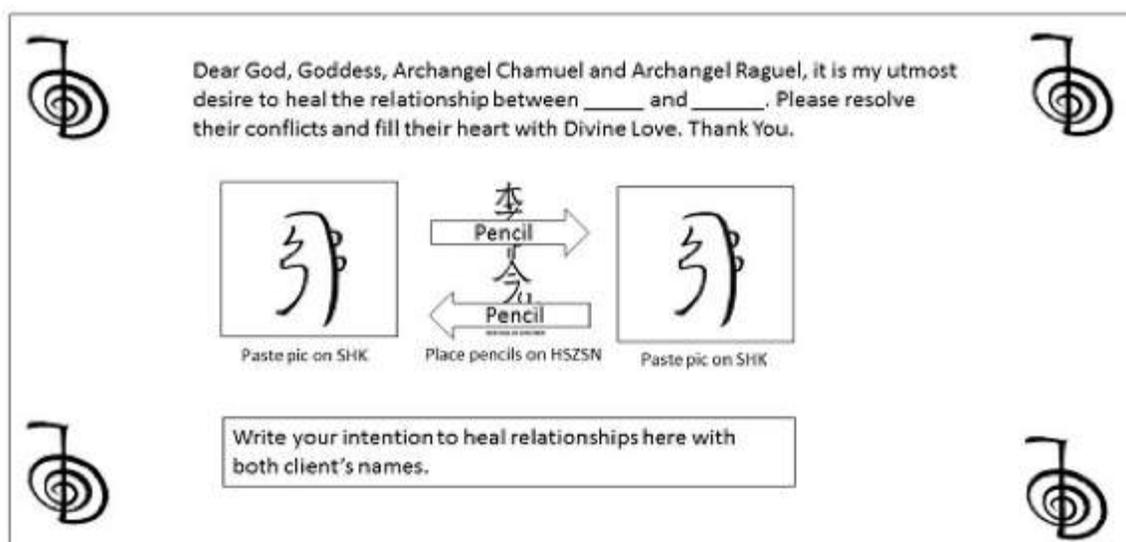
-Mahatma Gandhi

Gratitude

Are you being grateful to Reiki, Universe, Angels or whoever you invoke? Attitude of Gratitude is a MUST. Be grateful to what you have and what you don't have. What you don't have is what you don't require as of now, so be thankful to it for showing up at the right time.

Be grateful to every small thing; be it your body parts, organs, cells, food, water, finances, family, friends, energies, angels etc. A book by Rhonda Brynes THE MAGIC has terrific exercises to show gratitude. It guides you thoroughly, bringing in new awareness and perspective towards gratitude. I suggest you go through the book and see how it changes your life.

Healing Relationships with Reiki



Lately I am flooded with the queries to heal relationships, be it husband and wife, boyfriend and girlfriend, parents and child or between friends. Reason could be anything from lack of time, lack of understanding, over-stressed, lack of patience or lack of love and bonding. And hence, clashes are bound to happen. The method given below to heal relationships is my tried and tested method and it works awesome.

Required

A4 size or bigger paper.

Red or Pink pen

Small pics of the 2 people whose relationship you are healing

2 Amethyst, Clear Quartz or Rose Quartz pencils

Optional - 2 Rose Quartz or Green Aventurine stones.

Refer above picture to understand the steps given below

1. On the paper, trace a big DKM with your finger if you are attuned to it. If not, then trace a CKR.
2. On four corners of the paper, draw CKRs to seal the energy.

3. Draw 2 squares and SHK on them. Write client's name on the back of the pic and paste it on SHK square. If you are using Rose Quartz or Green Aventurine, simply place the stones on the pics.
4. In the space between the pics, draw HSZSN symbol. Put pencils over it, one pointing towards left picture and other pointing towards right picture.
5. In the empty space below, write your intention to heal the relationship. Mention their names and issue to be healed.
6. In the empty space above the pictures, write a small prayer to angels. *"Dear God, Goddess, Archangel Chamuel and Archangel Raguel, it is my utmost desire to heal the relationship between _____ and _____. Please resolve their conflicts and fill their heart with divine love. Thank You."*
7. Daily energize this layout by releasing a Chi Ball over it.

Do not move this layout. Minimum 21 days of healing required. May require more depending on issue to issue and person to person.

Optional - Add any other symbols if you are guided to.

Three Steps Manifestation



Image by [AdinaVoicu](#)

I am an avid reader, whenever I am free you will find me glued to a book or an ebook. So recently I was reading about Letter to Universe. It was way different than most articles I have read on the topic of “lettering”. It gave me total different perspective about law of attraction. When working with law of attraction, you use affirmations and sentence formation as if it has already happened. You do visualization and imagination to your best. So still, why do many people not see result? It is because there is fear deep down within you, fear of failure, not being able to manifest and doubts. Unintentionally the fear based energy is buried deep down within you. The fearful energy is not removed; it is buried within you creating blockages more and more. When you are chanting an affirmation, are you sure that you totally whole-heartedly believe it? Are you sure you are not worrying about “What ifs”?

Fear Removal - The first step to manifestation is removal of fear based energies. Call upon Archangel Michael. Write a letter to him the way you feel, the way it is. No need to form it only positively or in any certain format. Just write as if you are talking to your best friend. Pour your heart out, share your fears and worries, what is troubling you, what are your fears and doubts. Example- *“Dear Archangel Michael, I am struggling to manifest love/ money/ healthiness into my life. I seem to fail in my efforts and this is causing lack of confidence.....”* (continue in your wording). At this point you need not worry about you sentence formations being positive or negative.

Once done, fold the paper and put in palm. Draw HSZSN and say *“Connect to the root of the issue”* 3 times. Draw SHK and say *“Release”* 3 times. Draw CKR and say *“Heal”* 3 times. If you are attuned to DKM, draw DKM before any other symbol. Take this paper between palms and give Reiki. Say, *“I ask Divine Archangel Michael and Reiki to remove all these fear based energies that are from within me, thank you”*. Give Reiki for 10-15 minutes.

This way you have started the procedure to release your fears.

Visualization - Next step is Visualization. Just sit and relax. Now that your fears are released, ask Universe what you want. Start imagining or visualizing your wish, people involved, the desired outcome, yours and their reaction on desired outcome. Just visualize the whole scenario. The happiness and joy you feel by this will help you raise your vibrations.

Gratitude - Last but not the least; Gratitude. Write a heartfelt gratitude letter invoking Universe, Angels and Reiki related to your wish. Here you write as if your wish is already manifested. Example- *“Dear Universe, Archangels, Angels, Reiki, Thank you for manifesting my desire of having _____ (money, getting job/ finding love). I am grateful to you and all the divine energies that helped me manifest my dream. Thank you for bringing magic to my life.”*

Now simply let go. Don't dwell on this, just know that your prayers are heard and wishes fulfilled.

Lots of love
Light and Blessings
To all of you
With love
From
RINKU PATEL