

# SAC DIVINE TOUCH

Wednesday, 15th July 2015

SAC Vol.02

Dearest Angels,

Welcome to the second edition of SAC Divine Touch. A heartfelt gratitude to all for subscribing to our newsletter. If you liked the first issue of our newsletter you shall love the second one, and if you loved the first newsletter you will go bonkers over the second :)

From this issue, we are going to start with various columns such as Vastu, Yoga, Crystals, Message for the fortnight and chakras to name a few, and of course we shall have the beautiful articles from our talented in house wordsmiths and have invited some big names to be a part of this initiative, hence every issue will have on guest author enlightening u with their words of wisdom. Kick starting the column shall be the pretty, beautiful, vivacious and wise beyond years is Miss. Ananya Sen – founder of Zino Athens

We do not focus on any one healing module and hence people from different practices and fields are encouraged to be a part of this group and this is our USP. People ask me if it is a publicity stunt. Well if spreading knowledge about healing modules and spirituality to make this world a better place is a publicity stunt? So be it. I shall happily agree with them :)

In this newsletter you can feel the love of each and every angel who has put immense effort to make this news letter a success, and I hope you enjoy reading it as much as we do in creating it for you :)

Immense thanks to our dearest team, and the effort you have to make this a success. A special thanks to Radhika Subramanian who had coined the name Sunetra Angel's Club, and it's the positive energy in the name and love of each angel that we have come so far.

Please feel free to write to us at [sacdivinegroup@gmail.com](mailto:sacdivinegroup@gmail.com) for inquiries, suggestions and contribution of articles.

Stay Blessed and be divine :)

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"One of the keys to happiness is a bad memory."



## COUNT YOUR BLESSINGS!

Life is like a vicious circle and somehow we all are chasing something or other. Probably we don't even know what we are chasing!

Of late, there are so many people (read "everyone") complaining about their lives - some about having a job, some about not having a job, some about being married and some about being single. So on and so forth!!! Everyone is so unhappy with what they don't have.

Why can't we be happy with what we have? Why do we need to run after something we don't have at this moment?

One of my closest friend and I were talking one day and somehow realized we are on the same page. That friend doesn't have a job for quite some time. In fact I have seen few friends of mine not having a job for over 6 months and am so proud they didn't crib rather took the opportunity of having time. Time, one of the most precious asset one can have.

Let's think, what's the blessing when we do not have job. Probably financial problem is the biggest drawback of not having a job - not having a source of income. We don't feel free enough to spend, to go out or do things we love doing (for me, watching movies, eating out and travelling!)

**Great ideas that we can, probably we should do during our free days:**

**1** Spend loads & loads of time with your parents. I would love to relive my days from childhood or teenage with them. Having meals with them, going out for shopping or zoo or holidaying with them. Helping mom in kitchen, experimenting with some innovative recipe etc. Not to forget, get into the power puff funny mode with siblings!

**3** Live your life the way you want to live! There is no deadline. There is no getting up early. There are no panic calls for any crisis! Do anything you really love doing, dil se! Say, I really want to travel to a few place. Live there. Experience the food & culture and yes, click loads of pictures! Trust me, travelling is a pure bliss. That too a leisure one. Be a backpacker and just go out to explore the world around you. People aren't bad - they will help you, cooperate you. I did many solo trips. Trust me, there are still many good people left who are kind, loving and helpful. So I enjoyed without getting lost in transit.

**5** Just a few examples of fun things of doing when we have time - things that came in my mind instantly. We have a world beyond our knowledge which we haven't even tried knowing. It's a never ending path to discover and trust me, with passion it becomes damn interesting. I love self help books, reading on psychic universe. Books are addictions.

**2** When was the last time you visited your distant relative? or say not even distant, a close relative? Am sure in this super hectic life no one has the time to visit relatives. Why not to refresh the bonding? Visit them. They are still people left in the world who love guests visiting home and don't get bugged up!

**4** Got a hobby? Indulge into it, completely! A foodie? Great! Go, find some new joints, blog about your experience. Don't like eating out much? Awesome, learn some new recipes every week. There are plenty of cook book and shows on TV and they are pretty good! Am sure, your family and friends won't hesitate to taste your trial & error recipes!

**6** Recently a friend told me bird watching is amazing and actually addictive. So many species - so many different way to identify them. So many varieties, colours, the way they communicate, the typical pattern of their every activity!!! I am totally clueless on it. But seems pretty interesting! Similar way, we can do with animals too! Much easier. For lazy people like me, better to have a pet and just grow with it. Absolutely adorable they are.



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Talk to nature. Its wonderful. They respond. See a flower blooming. See a butterfly flying from one flower to the other. See an infant communicating with its mom just by its gesture. See when it rains & feel the breeze. Enjoy the simple blessings of life. There are so many blessings around us and we just tend to ignore and somehow love to crib!

By the way, when was the last time you sing out loud with your friend in public? I did it at Band Stand, Mumbai with my friend. It felt awesome!

What do you think? Let me know.

Love,

Ms. Moumita Rudra

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So why to crib when we do not have a 9 - 6 job? Trust me, not having a job is not a problem. Why we need to follow a set rule coz everyone is following it? We can do so many things which we probably end up loving. And you never know when some of them actually become the source of your bread & butter!



## SHIELDING AND PROTECTION

It is very important to energetically shield yourself, especially for light workers as they are more sensitive to energies.

I am writing this article as I recently faced a **Psychic attack**. I then started experimenting different colors of protection shield to see the effectiveness. Yes its working wonders now. Though I use to invoke the protection shield daily as I am out of bed but as per my experience and experimentation I feel more safe now and my energies are not getting drain be it any kind of environment I am in. I understood that people who are more sensitive to energies should invoke protection shield thrice a day at least or as per your nature of work and situations around.

To shield yourself, just imagine or think yourself inside a bubble of whatever colour of light you choose. And remember to re-invoke especially when you are going in public places.

Some colours and techniques I experimented you can play with them and use as you feel guided – Royal Purple - Being a light worker I frequently use this as it protects from psychic attack and low vibes. It can be used while giving readings to clients and when around people with whom you are not very comfortable.

White Light - Most commonly used by all it is good to use when in public places. As I experienced, it energetically separates you from the crowd and you don't get attention of negative and low vibes beings. I never use this while counselling as I have experienced it stops other person to express their griefs and grievances and they don't come up openly with their problems.

Pink Light - I love the gentle yet powerful energy of pink light bubble. Feel free to use when with friends and family members and in gentle situations. It allow only Love energies to penetrate still keeping your connection with your loved ones. Good to use while dating too you will really have wonderful time.

Mirrored Ball – Strong bouncer of negative energy. I always step in Mirrored ball after shielding with layers of colours using it as the outer most protection shield. It last more than any other colour protection shields. Yes when you are busy start your day by stepping in mirror ball protection shield it do last for 12 hours. Also, very good to use after doing energy work if you have to step out in harsh environment.



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Triple Layer - For extra sensitive people and those in doubt and fear for using one single colour shield. Protect yourself with any two colour shield as per your guidance and by covering yourself with third layer of Mirror ball. You are fully protected now :)

Angelic Shields - Above all I never forget to call upon my beloved AA Michael to watch over me and protect me from any kind of negativity. Also, whenever I feel any negativity around I activate his blazing Divine sword over my Crown Chakra to stop the negativity and sending it to Light. This technique was gifted to me by AA Michael in meditation and I find it very powerful. Do try and share your experiences.

Make creating protection shields as part of your morning ritual!!

Love And Light

Jasmeet



**AN EC BASE FOR U TO USE THE WAY U WANT..  
WRITE ANY SW ON IT..**

## **Bright Splash Energy Circle Attributes:**

Green Background compactly and with coziness surrounds, engulfs, permeates and envelops Energy Circle Contents with energy, youth, growth, inexperience, fertility, hope, and new life, is for balance, growth, calming, is the color of the Heart Chakra, works with the heart, breasts and thymus gland, helps open the ability to give and take unconditionally, is practical and adaptable, is for money, resonates with the stomach, nerves and mind, can be beneficial for healing stomach disorders, improving digestion, giving spurts of energy and aids in removing depression and creating self-determination.

Orange Amoeba Rays bring quick focused attention to warmth and cheering, freeing the body and mind, relieving repressions, show new possibilities and other options, stimulate creative thinking and enthusiasm, and help assimilate new ideas.

Yellow Flood surrounds, engulfs and permeates Energy Circle Contents with mental activity and intellectual power, is for ability and awakening, may be beneficial for positive thoughts, the gift of gab and creates positive energy within.

Love

Mrs. Rinku Patel





## 10 BEST WAYS TO CLEANSE YOUR CRYSTALS

Crystals have a long tradition of being used for healing. Each variety of crystal has a unique internal structure, which causes it to resonate at a certain frequency. It is this resonance that is said to give crystals their healing abilities. But crystals are known to absorb the negativity from the person by whom the crystal is used or from the environment in which it is placed hence it is important to cleanse them.

So here are the top 10 ways to cleanse your crystals of negativity.



### CRYSTAL ELIXIRS

For a quick method of cleansing your crystals make a Crystal Elixir. Place a crystal having cleansing properties (EG:-black obsidian) in a pitcher of water and leave it overnight then transfer it into a spray bottle. Spraying your gems, crystals, pendulums and jewelry with this spray will break down and eliminate negative energies in and around them. The energetic vibration of the Black Obsidian will remain on the crystal for about eight hours, after which it just fades away.

### SALT WATER

Suitable crystals can be left to soak in sea water or water mixed with sea salt. Cooking salt can also be used if sea salt/water is not available. Place your crystals in the salt water for anywhere between 1 to 24 hours, rinse your crystals in cool running water any remaining salt. Please be aware that this method must be avoided for certain crystals as it can have an adverse effect on them and even change their appearance and properties! Stones that should not be soaked in salt water include crystals that are porous, contain metal or have water content, for example Opal. Stones and minerals that should be kept away from salt include Pyrite, Lapis Lazuli, Opal, Hematite, etc.



### CLEANSING USING INTENTION & VISUALIZATION:

Place the crystals in front of you, focus your mental energies upon these stones, and ask the powers of the Universe to cleanse them of all negative energies and to re-energize your stones for their maximum potential. You can also visualize white light pouring down on the crystal and cleansing it.

These methods however requires much concentration and focus and you need to practice for some time to ensure whatever you are trying to clear is actually cleared. And please remember to thank the Universe for doing this beautiful work for you.





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## USING OTHER CRYSTALS:

You can place the crystals you would like to cleanse on another crystal, preferably a large cluster of quartz, selenite or amethyst. This will clear negative energies and will re-energize your crystals. However, you must cleanse and re-energize the large crystal cluster regularly to ensure it retains its cleansing and re-energizing powers.

## RUNNING WATER:

If you live where you have access clear water that is free of chemicals, or running water from a creek or river that you know is not polluted, place your crystals in a small container, and let the water run over them, preferably for at least two hours. This will cleanse and re-energize your crystals. Please do not use tap water, since it is full of chemicals. Be careful though certain crystals will actually dissolve in water, e.g. Selenite.



## BURYING:

Place your crystals in the earth, either directly into the earth or you can place the gems and crystals into a cloth covering, preferably a natural fabric such as cotton or wool or silk. Leave the crystal buried for at least 24 hours to ensure that they become fully re-energized. If possible, find a spot where the soil is not being spread with chemicals through fertilizers or pesticides. This cleanses all negative energies and re-energizes the stones.

## SUNLIGHT OR MOONLIGHT:

The rays of the sun and moon are naturally cleansing, as well as energizing. Placing your stones outside where they can soak up the sunlight or moonlight for a day/night to a week is very beneficial. Do be careful though, as some the colors of some stones may fade in the sun. A few of the stones that will fade in the sun are amethyst, opal and turquoise. If you have any doubts, be sure to use only moonlight cleansing.





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## SMUDGING:

It's also a much quicker way to clear crystals than any of the above methods. To smudge them, pass your stone several times through the smoke of burning cedar, sage, sweetgrass, or incense. This will cleanse any negativity that may have accumulated in the crystal.

## SOUND:

Use a melodic gong, Tibetan prayer bells, a bell, chanting OM to clear unwanted energies from your crystal. Hold the crystal and sound the gong, etc next to it, passing the crystal through the sound waves to clear it. If you have smaller crystals you can place them directly in the singing bowls while playing them; this will retune the crystals back to their original resonance.



## REIKI/SEICHIM:

Reiki, Seichim, or other energy healing can be applied for the cleansing of crystals. In a sense, it's channeling the universal life force energy to heal the crystal of negativity and unwanted energies. As a Reiki or Seichim practitioner, just treat the stone as you would any other being that needs healing, and set your intent to heal the stone of any negativity or unwanted energies.

Love and Light  
Mr. Darshan Bafna





## "GLASS OF WATER THERAPY"

\*If you are looking for an answer to anything

\*Before sleep (3days) take water in transparent glass

\*Invoke Reiki

\*While u give gratitude also mention "I am thankful to (your question)..."

\*Immediately see your question in water

\*Draw chk shk hszsn once chant thrice each symbol...draw master symbol thrice n chant thrice\*3 tyms.....if you are attuned to karuna reiki draw kriya n iava once n chant thrice....

\*Drink half water

\*Keep balanced water covered

\*Drink balance water covered

\*Drink the balance half water in the morning as soon as you get up

\*Don't give reiki in morning

Do this for three days....you will get your answer in any form...it could be a dream...or an ad in news paper....anyway

Mrs. Kajal Pankil Nandu







# Situation Reiki

By Ananya Sen

This is a lovely technique I learnt long back to get guidance during difficult times in my life. It is to get clarity and blessings for situations in your life. Unlike other techniques, this is for Reiki level 2 and above as the main ingredient in this is the distance healing symbol.

Now, when can you use this technique? Suppose you want to know, if someone has betrayed you or if someone is conspiring against you, Situation Reiki will give you the answers. You can also understand why some relationships in your life are beyond your control via this method. If you have say multiple options about which job to take or which doctor to go to, you can get answers through this. You can also locate missing items and persons through this technique.

Please don't treat this as a channeling tool and ask questions like "when will I meet my soulmate or when will I have money?" Reiki doesn't believe in time and space, so you may not get accurate answers. You may instead ask "what can I do to meet my soulmate earlier? Or what can I do to make some more money?"

Follow these simple and yet effective steps.

1. As always with every healing and meditation, you need to clear your mind and calm down. Do this calming down anyway you want. Visualize yourself in a white room or white light. Remember everything around you has to be white. Whenever you use white light for any healing or asking questions, it gets infused with divine energy. Your own ego and logic are safely kept out of your way.
2. State the intention three times "I wish to do a Situation Reiki to find out...." (whatever it is you wish to find out!)
3. Draw or visualize a big Hon Sha Ze Sho Nen in front of you in the air chanting it's name three times. The symbol has to be big in size.
4. Draw or visualize three sets of Sei Hei Ki and Cho Ku Rei alternately around and above your crown chakra like a ring of flowers. i.e. Make a halo of Sei Hei Ki and Cho Ku Rei around you head.
5. Now talk to the divine symbol HSZSN in front of you. Ask in your mind, "what do I need to know about this person or this problem?" you will get clear divine guidance.
6. In case you want to ask if you will accomplish something within a specific time period, you state the time period yourself. For instance "Will I finish this project in six months?" You are allowing the symbol to answer the question as a yes or no plus the symbol will also give you additional information.
7. Thank the symbol and Reiki and come out of your meditation. This is great to seek the truth in every situation in your life. The guidance is almost always accurate. Only remember to visualize the white light or yourself in a white room for as long as you can. Good Luck!



Ananya is an Usui and Karmic Reiki Teacher and is also certified in Magnified Healing. She teaches and reads the Akashic Records, Oracle, Tarot and Angel cards. She is highly aura sensitive and gifted with claircognizant abilities. She lives in Bangalore, India. Ananya can be reached at <http://www.zinoathensreiki.com/> and via her email address [zinoathens@gmail.com](mailto:zinoathens@gmail.com).

Services: Reiki Healing and Teaching Magnified Healing, Akashic Records, Oracle/Tarot/Angel Cards Reading & Teaching.



# Chakra Power

Latha Shenoy



Scientifically speaking there are no chakras in our human body. Then what is the basis of this Chakra system ?

We must first understand what does chakra mean. It means ideally a wheel which spins and circulates and moves energy through out our body. That which circulates is a wheel. Now in a human body what circulates energy? The various systems in our body do the functions of moving energy / nutrients / water/ air to each and every part of the human body

The word "Chakra" comes from a Sanskrit word which means wheel or circle and has been used in almost all of the traditional ways of healing. The concept of chakras has been used for over a hundred years. Their role in treating illnesses and disorders has been monumental. They are situated in different points of the body. Each chakra works with a group of vital organs. Together, they ensure the wellness of a person. Chakras are centres of electromagnetic activity for receiving, assimilating, and transmitting life-force energy to and within our body. Chakras receive and transmit this energy all the time. Chakras appear as a colorful wheel or flower with a hub in the centersimilar to fans with overlapping blades. Chakras draw in Divine life-force energy (also called "ki", "chi" or "prana") from the Universe and distribute this vital energy to our body, our organs, the bloodstream and nervous system for highest good health and well being of our body. But these chakras can be prone to deficiencies and imbalances. When there is a blockage or imbalance in one part of the chakra system, it has an impact on all the other chakras. Imbalances occur when there is too much or too little energy flowing through the chakras. This prevents chakras from providing sufficient vital energy for the body. By understanding how each chakra affects a particular body function and life issue, it is possible to identify where a chakra is malfunctioning. Unbalanced or "blocked" chakras create a whole range of mental, emotional, and physiological conditions.

Though there are more than 100s of chakras, There are 7 main chakras as below :

- 1) Root Chakra - Muladhara Chakra
- 2) Sacral Chakra - Swadishtana Chakra
- 3) Solar Plexus - Manipuri Chakra
- 4) Heart Chakra - Anahata Chakra
- 5) Throat Chakra - Vishuddh Chakra
- 6) Third Eye Chakra - Ajna Chakra
- 7) Crown Chakra - Sahasrara Chakra

All these chakras can be activated, healed and balanced by simple meditation and yoga.

The next seven editions of this newsletter will run a feature on each of the chakra individually for the benefit of all the readers. We would like to receive your valuable queries on the same.

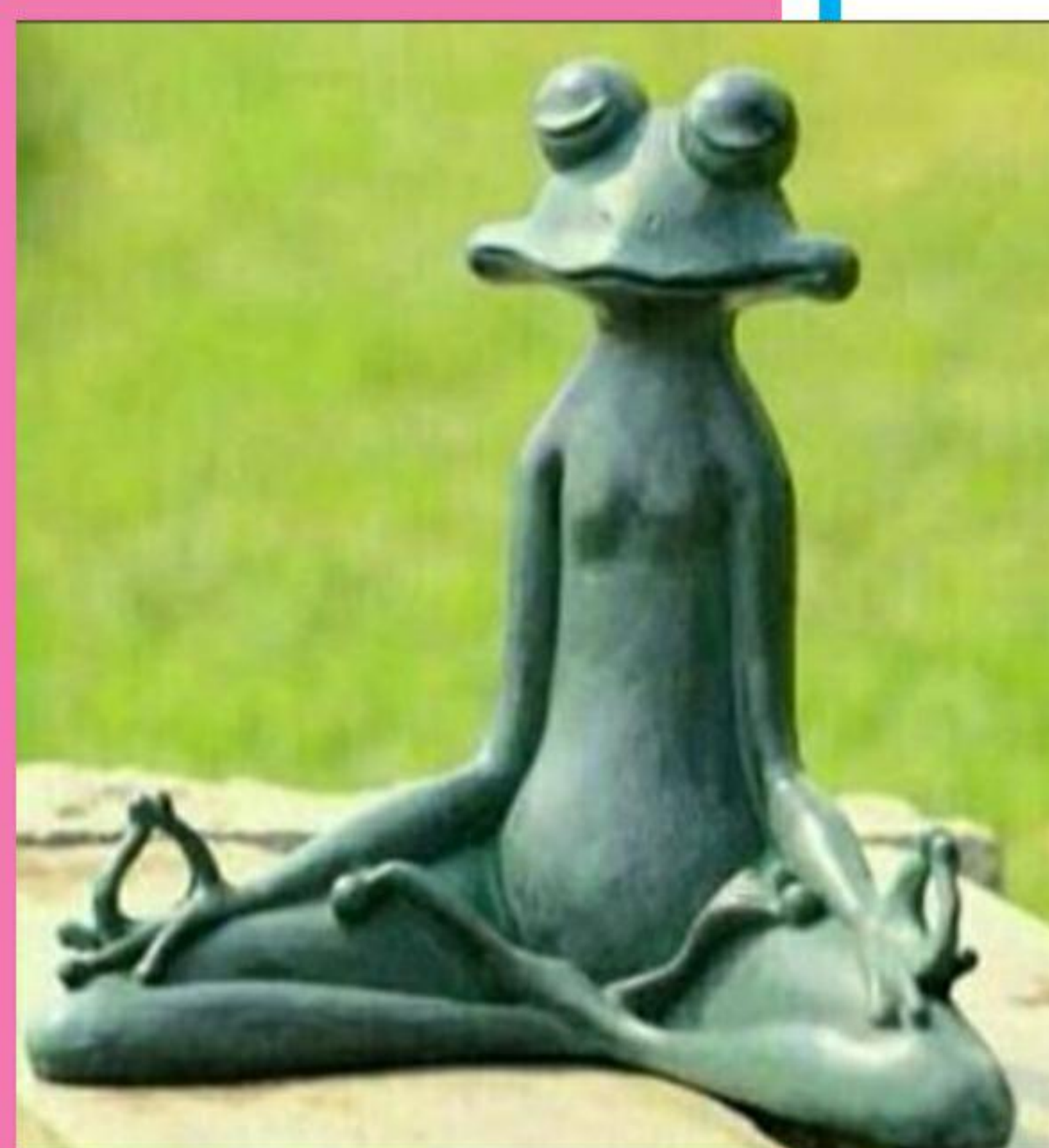


Latha Shenoy  
Reiki Grandmaster, Angel Card Reader and a Spiritual Healer using the combined divine energy of Reiki, Violet Flame Magnified Healing and uses modern techniques like EFT She takes Chakra Balancing Workshops and teaches Reiki, Magnified Healing and Chakra Balancing Techniques.

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## Say Yes to Yoga

Dr. Anupama Raj



Nowadays, a lot of yoga classes have mushroomed all over our neighborhood and the net, where the emphasis is on doing exercises, mainly for flexibility and/or weight loss ! What people have forgotten, or perhaps are not even properly aware of, is that the word 'Yog' means union - of the body, mind and breath. Now this union can be possible only if all 3 are in a calm and relaxed state. So, in the beginning of your yoga practice, it is very important and essential to sit quietly, in a comfortable position, preferably in "Ardhapadmaasan" or "Sukhaasan", hands on knees, with your eyes closed so that you can disengage from the world around you, and BREATHE !!

Start by inhaling to your full capacity through the nose, inflating your abdomen, and imagining that you are taking in a lot of positivity from the universe. Don't forget to feel extremely grateful and joyful about this free gift ! Hold the breath in for at least 4 counts, focusing on the counting so that you don't think of anything else, and then slowly breath out. Exhale forcefully from your mouth, making some noise, while deflating your abdomen completely, and imagine yourself expelling all the negativity, despair and pain out of your body ! Again, feel thankful to the universe for accepting it and transmutation it. Draw out this

exhalation for as long as you can..Ideally it should be longer than your inhalation. Again, hold for 2 counts (you can increase your holding count with practice. . .). Do this Pranaayaam at least 5-10 times, and then breathe normally for a couple of breaths. By this time, you should be completely relaxed, energized, and feeling pretty good about yourself and your world!

Next, if you don't have any religious compulsion against it, should come OM chanting. This should ideally be done 21 times. Divide it in 3 parts, where in the 1st 7 counts, draw out the 'Aa' part, which comes from the abdomen. Focus on the state of your 'hara' ! In the next 7 counts, draw out the 'Ouh' part, which comes from the chest - feel it vibrating there! In the last 7 counts, really draw out the 'Mmm' sound, which should vibrate and resonate in your head. Feel it cleaning your brain like a powerful humming vacuum cleaner, energizing and rebooting it !

After doing this 21 times, or as many times as you can, again breathe normally for some time.

This, according to me, is the perfect start to your daily yoga practice. We will continue discussing this. .till then, enjoy BREATHING!! :)

Dr. Anupama Raj  
Allopathic doctor, cosmetologist, reiki master and teacher, Magnified healing master and teacher, also teach pendulum dowsing, chakra knowledge and meditation; and conduct counseling as well as healing sessions.

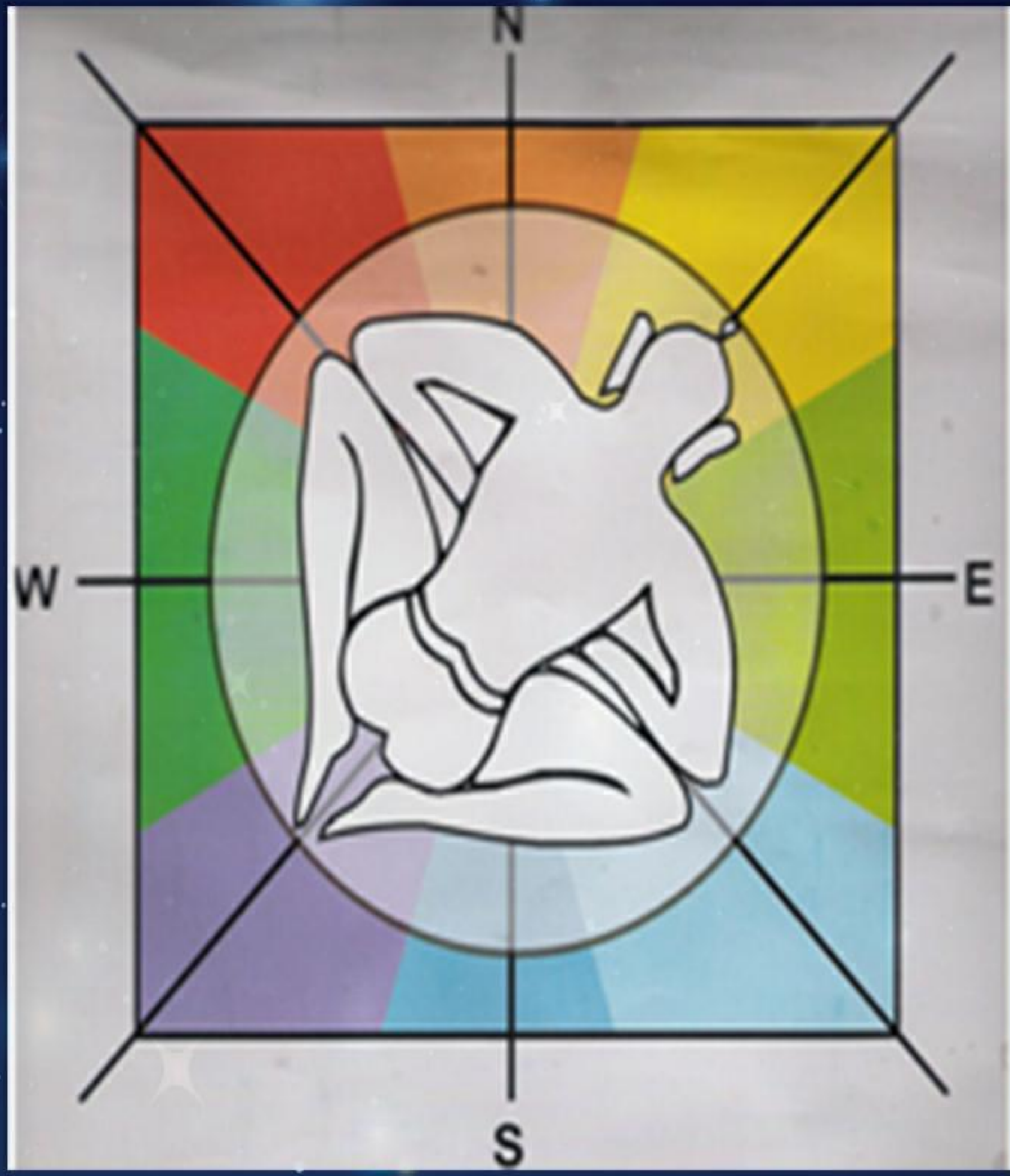
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# Vastu Shastra

Arti Seth



A basic need of every human being is shelter.

By observing the principles of Vastu Sastra, one can be assured of prosperity and harmonious living. Every individual seeks peace and prosperity, to obtain this, one has to be in tune with the universal rhythm of creation.

Vastu does not promise luck and fame but if a person is dwelling in the correct space, he/she will be able to reduce problems and cope with challenges with positive results.

Vastu stresses on the arrangement and placement of the five elements - ether, air, fire, water and earth - in the correct proportions. For a dweller to enjoy health, wealth, peace and prosperity, he/she must respect the cosmic energies in the respective quadrants. The vedas has detailed description on these 5 elements and explains that entire physical universe and every living and non living thing, including our human bodies are composed of these five basic elements.

Roles of 5 elements in our bodies

1. Earth - gives shape, figure and smell to our body.	2. Water - supports fluids and blood in the body.
3. Air - feeling of touch and sensations.	4. Fire - hunger and thirst.
5. space - provide sounds in the body.	

There is constant interaction of these 5 elements in our body and when they are in total harmony we experience good health. When due to any reason these 5 elements get out of balance we experience unhealthy or disease.

According to Vastu shastra each element has one direction associated with it. It has its own deity, symbol, shape and colour in addition to its own individual characteristics. This is according to the law of nature. If any element diminishes within our homes due to any reason we start experiencing negative, disease, emotional, disbalance and unsatisfied life.

When observing Vastu, first ensure that the three main sectors of a house namely, the master bedroom, kitchen and prayer room, are aligned according to the rules. The important quadrants are the south-west, South East and north- East.

Ideal Designation of rooms and Activities According to Vastu Sastra

South West - Master bedroom, study or storage room.

South East- kitchen and electronic gadgets.

North East- prayer room, study room, unmarried son's room.

East- pooja room, library, music room.

West- Dining room, children's bed room, study, toilet.

North- Bathroom, study room.

South- store room.

North West- Bathroom, Guestsroom, room's for elders.

Important VASTU Tips : South West flooring should be higher compared to the flooring of other rooms.

\* West walls should be thick to absorb excess heat.

\* Main door should open towards right side.



Arti seth

Reiki Master Teacher, Karuna Reiki, Crystal Healing, Dousing, vastu, Angel Healing, Angel card reading, Hypnosis, Bach Flower, Access Bars.

## Meditation with Tarot

Pinky Punjabi

All of us come to a point in our lives where our direction seems led by another's hand. This meditation is going to lead us down the path of predestination, and how the path gets laid. It will also touch on the power of Powerlessness.

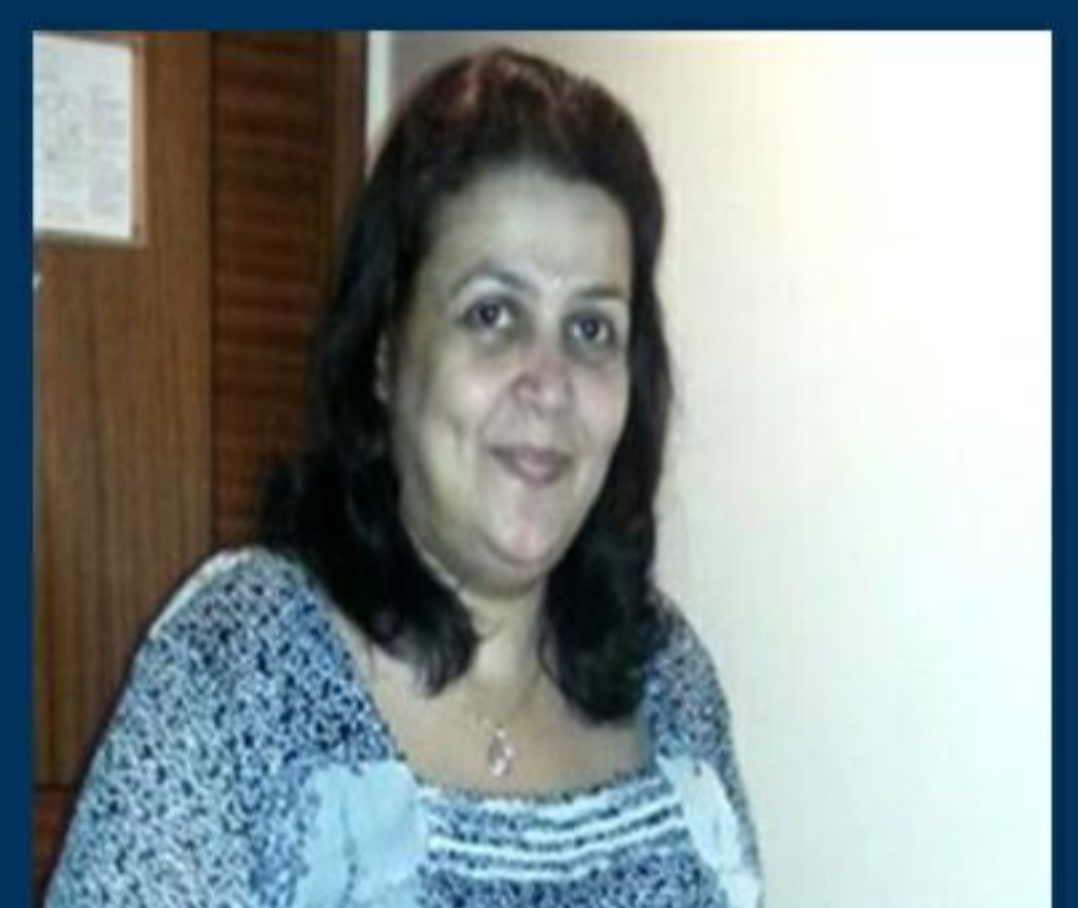
As you settle in to meditate on this subject, place your cloth and candle in front of you, and lay this Major Arcana card upright. Feel the hand of destiny on you, guiding you into the meditation with the inexorable feeling of supreme powerlessness. Know as you fall into the meditation that no action you take at this time has meaning, the cards are already dealt, the die cast. Imagine your coming down from a staircase. The stairs lead from a door suspended in space, sloping down into a twilight cloud. The puffy cloud was beautiful shades of twinkling blue, reflecting off a deepening evening sky. The wooden gate at the bottom of the stairs scaled up into infinity, looming off into the night sky of stars far overhead. Opened the gate with the keys you have in your hand.

Now focus on each of the figures surrounding the Wheel of Fortune- the snake, jackal and sphinx. The snake will represent your anger and hatred at this point try to remove all the anger from your heart. The jackal shows the hardships you have been through in life. Call on archangel Raphael to heal you and make you overcome these hardships. The sphinx will lead to the growth your looking for in life and after removing the anger and hardships call on Archangel Michael to protect you and assist you in moving forward cutting cords with all the negative emotions clinging on to you and stopping your growth.

Surrounding the Wheel of Fortune in the tarot card are three winged angels representing the four fixed signs of the zodiac: the angel for Aquarius, the eagle for Scorpio, the lion for Leo and the bull for Taurus. The energy the Bull conveys to us that we are strongly rooted in the earth energy of Taurus. The Bull also helps with healing and caring for the Earth.

This meditation gave us a sense of the ancient energy of The Wheel of Fortune

Pinky is a Reiki Master. She teaches Usui Reiki, Karuna Reiki, Imara Reiki, Celtic Reiki, Seichem Reiki, Kundalini Reiki, Magic Reiki. I also do angel card and tarot reading. Also specialises in numerology, feng shui, runes, icking, chemotherapy.





# Conseils Céleste

Ashwini Chube

Messages for the fortnight 15th July-31st July

Greetings to all of you

It brings me tremendous pleasure to give these wonderful messages from the divine for all of us who are reading this. Hope these messages give you the perfect guidance, to whatever situation you are in your life.

Today we bring to you the messages from your Guardian Angels, Mermaids, Dolphins and the Ascended Masters.

General Guidance:

Stop worrying my dear friend!!

Why are you spending so many nights in despair, in insomnia? Many of us who are sensitive have been worrying a lot off late in the past couple of months. Worry is toxic and can act as a negative prayer.

Your times are changing especially when the universe is going through a tremendous shift. Now is really the time to take that leap of faith and claim your personal power. Your biggest dreams are going to be manifested in the next few months. So remember to focus on only what you wish to bring in.

Health:

Angels are guiding us to make healthy changes to our lifestyle. Exercise more, eat clean and may be consult an expert. Health is wealth. What have you earned today?

Love and Relationship:

Again, a shift in the energy will help all of those who are struggling with their love and relationships. Things start getting smoother. Angels say, it is time for celebrating your relationships. Some of you may get committed or engaged.

A message has come for us to look at our partner from a different point of view. We probably need to learn something from them. Remember, our partners are an exact reflection of who we are.

Career and finances:

For the last couple of weeks, angels have been guiding us to make career changes. It is very important to think big and aim for the sky. Make that big shift based on what your heart desires. A few of you may change jobs or work places or may get interview calls. Some of you may start that big venture you have been dreaming of. Whatever the case may be, opportunities will be given to you. You have to act on it and trust that help will be given in miraculous ways.

Overall a beautiful fortnight. Keep calling in Archangel Ariel all the time to manifest abundance in all areas of your life.

Stay blessed !

Love and Light,  
Ashwini Chube



About Ashwini  
reiki master teacher, violet flame master, karuna reiki practitioner and angelic healing practitioner. Ashwini is also an angel card reader and an angel message channel. Ashwini has been working in an investment banking industry She loves music, dancing, cooking, travelling, reading, writing, literature and walks in nature. She is very passionate about Reiki and every time she uses reiki her faith increases

## Crystal Crazy



Rinku Patel  
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