

The background of the cover is a blue-toned photograph. In the center, a large, bright full moon is visible. In the foreground, a dark owl is perched on a branch, looking towards the viewer. The owl's feathers are detailed with light spots. The overall mood is serene and nocturnal.

Reiki Rays

Under the
MOONLIGHT

*Powerful Reiki Rituals and Meditations
for New Moon and Full Moon*



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Moon Rituals with Reiki

By Ananya Sen

Sometimes we get clogged with excess energy by constantly healing our clients, friends and ourselves. There are times we feel our Reiki flow has reduced or is not as charged as it used to be. You need to recharge your Reiki batteries! You need to drain out excess energy and clear yourself as a channel.

Reiki connects us to the source, and the moon is a powerful celestial body of the source. And you can use this heavenly body of energy to recharge your Reiki batteries.

There are 2 kinds of moon rituals you can do, **New Moon** and **Full Moon** rituals. You need to note the time and day of the respective moon phases. This information is freely available online.



Image by [Pieterjan Grobler](#)

New Moon is for new beginnings, manifesting wishes, transformation and attracting money or love into your life.

Full Moon is for releasing negativity, bad karma, bad relationships / situations, weight loss, money problems, anything that is no longer serving you.

Do these rituals for short-term wishes up to 3 months not longer, as you can do this every month. Use candles, incense and clear quartz crystals for these rituals. Use a small white candle and quartz, there is no need to elaborate.

1. Firstly, make intention slips, just like the ones you use in your Reiki box. Draw the symbols on the back and in the air around you. This will protect and ground you.
2. Sit or stand near the moonlight, either out of the house or in some open place in your house from where you can see the moonlight. Breathe in the moonlight. This will clear your aura, chakras and make a

connection with the moon. Most of you are energy sensitive, so making a connection will not be a problem. Use the distance symbol if you like to connect with the New / Full Moon.

3. Read your wishes directly to the moon by saying “I wish to manifest these by the next month and I will come back again for more wishes. Thank you, thank you.” Burn the slips.

Word your intention slips according to the moon cycle. So for attracting things in your life, do this ritual around the New Moon and for releasing, do it around the Full Moon. This will also increase your Reiki flow.

The Moon and Reiki

By Patti Deschaine

Does the moon affect your mood? Have you taken the time to pay attention and gauge your mood in regards to the moon's phase? If you notice and note it on your calendar, it can provide valuable insight to help understand and prepare for each phase. This is important for us, as healers, so we can be in balance and connected to spirit. In turn, it allows us to help others who come to us for advice and assistance.

The phases of the moon are listed below

New or Dark Moon is not visible

Waxing Crescent

First Quarter Half Moon

Waxing Gibbous

Full Moon

Waning Gibbous

Third Quarter Half Moon - illuminated side opposite of the First Quarter

Waning Crescent

New - the cycle begins again.



Image by [davejdoe](#)

The moon's cycle can affect emotions and stress levels. Just ask anyone who deals with the general public. How often have you heard the comment "*Wow, people are crazy today, is it a full moon?*" During the full or new moon cycle it is common to see dramatic changes in mood and, occasionally, erratic behavior. Being sensitive and aware is especially important for healers offering Reiki treatments. You may notice changes in client's auras if you know them well. Maybe they just seem off balance or more vulnerable than usual. Take into account the moon's phase when meeting or treating people you don't know too.

Having an understanding of nature's moon cycles can be a powerful tool. Once you become familiar with the cycles and their affects, you can use that information to help yourself and others. With proper planning, you can schedule projects for optimum times and use the cycles of the moon to assist with personal growth.

A new or dark moon is a great time to prepare and make plans. If you have a Reiki business, it is the optimal time to take stock and plan for future growth. Put your ideas on paper and visualize them happening. The new moon is a perfect time to manifest your desires!

The very first sliver of a new crescent moon is a time of new beginnings: a good time to plant or start a new project.

When the light of the moon grows larger and brighter each day, it is called "**waxing**". During this time you should notice increased energy and find it easier to focus.

At the half moon, you may notice a change or shift in your project or plans. Be flexible and see how things play out. This may be a change for the better.

During a full moon, people often become anxious and more sensitive to details. In a stressful world and with work, family, financial responsibilities and frustrations, we can find ourselves overly concerned with "*self*" and paying less attention to others' needs. Sometimes, just knowing there is an outside cause that may be affecting our mood can help us take a step back and view our feelings with a fresh perspective.

The full moon has a good side too. It's a great time to throw a party, increase sales and use your intuition and creativity. These will be higher now at this point than at any other time in the cycle.

After the moon is full, it will begin to grow smaller again. This is known as "**waning**". You will find it easier to complete your projects at this time. Wrap things up, throw things out, try a detox or fast. All of these tasks flow easier during the waning moon.

Whether you love the full moon or not, the cycles of the moon are as dependable as the rising of the sun each day. The full moon will pass and a new cycle begins. The new moon brings with it the sense of calmness. Moods and emotions get back to normal, and there will be more physical energy and acceptance of others.

Aligning your energy with moon cycles is a great way to get in touch with nature and her rhythms. Get outside and bask in some moonbeams. Do a meditation and invite the moon to share her energy with you. And don't forget to put your crystals out to clear and recharge them in the moon's gentle light.

Full Moon Ritual

By Rinku Patel

Full moon is a powerful time to step out of an old routine, to let go and release whatever doesn't serve you. Here is a technique to help your goals. This technique works best when in groups but it can also be practiced alone.

You will need the following items:

- A big bowl full of water
- A floating candle
- Matches
- Rose petals
- Smudge sticks or incense sticks

PROCEDURE:

1. Cleanse the area you picked by lighting a smudge stick or an incense stick.
2. If it is possible, sit under the full moon. If not possible, sit in your balcony or your room, patio or verandah (the room being the last resort). Make a direct connection to the moon with distant symbol.
3. Do a grounding exercise by imagining that you are rooted firmly to the Earth.
4. Place a large bowl of water on a table directly on the ground or on a table and add the rose petals in the bowl containing water.
5. Take a floating candle and hold it between your palms. Enable the flow of Reiki and say in your mind or aloud whatever you wish to release and let go.
6. Place floating candle in the bowl filled with water and petals. If you are doing a group ritual, everyone is required to place their candle in the same bowl.
7. Light the floating candle. Connect the candle to the moon energy with distant symbol and declare what you are releasing. Transfer all that you want to release to the candle. As the candle burns away, all that you wished to release is turned to light by the full moon energy.
8. If you are conducting group session, you can hold each other's hands and form a circle while performing this ritual.

Happy Manifestation! ☺

Full Moon Letting Go and Manifestation

By Jan Taylor

With a full moon, we very often write what it is we want to let go of. However, after reading reports of this full moon during mercury retrograde, I feel it is a special moon. Yes, a moon for letting go, but also a time of being able to manifest whatever it is your heart desires. The energy over the last few days has been really intense and left a lot of people feeling out of sorts, drained of energy, picking up viruses and bugs etc. However, that period is coming to an end and, by letting go of anything that does not serve you, it will bring in new powerful energy for whatever you desire so you need to make sure that you are clear on what you would like to manifest the most.

What you need to do is take a large piece of paper, A4 size would be good but it doesn't matter.

Fold the piece of paper in half and write down ONE thing you really need to get rid of.

On the left hand side

Dear Universe

*I **am** so happy and grateful **now that** I am letting go of all my money worries, all my fears and anxieties to do with money, all the debt that is weighing down heavy on my shoulders, all the feelings of lack I always have with money, all the feelings of money burning a hole in my pocket, all the feelings of just scraping by, all the feelings of struggling with money and never having enough in the bank and never have any savings.*

Really pour out all the feelings you have about money (or whatever it is you want to let go of).

Then add

“Thank you for taking away anything that does not serve me with regards to money and is stopping my flow.

I am releasing all of this with grace and ease and a big weight is lifting off my shoulders!

All for my highest good.

And so it is!!

Thank you, Thank you , Thank you”



On the right hand side

Write how you want your money situation to be as though you have it already:

Full moon intention - 3rd February 2015

*I **am** so happy and grateful **now that** I have an abundance of money. I have more than enough money. Money flows to me easily and frequently. I always have more than enough money in my bank account and I am able to treat myself and my family whenever I wish as well as give money to my favourite charity. I love money and money loves me, it flows to me in an abundant and steady flow. It is so good to get the old weight off my shoulders and so it is!! Thank you angels for the abundance of money in my life.*

and so it is!

Thank you, Thank you, Thank you.

Then

Carefully tear or cut the paper in half and burn the **left hand side** on the full moon. You can burn it anytime in the next 24 hours as the moon energy is becoming intense already. Fold up the **right hand side** and put it somewhere prominent, under your pillow or on your mantelpiece or in your Reiki box then ask that the energy be sent to all of your full moon intentions for as long as is needed to manifest them.

It doesn't have to be money, I have just given that as an example. It can be anything you wish to let go of. Just concentrate on one major thing that you

feel is holding you back. Write down what you want to let go of on the left hand side. Be as negative as you like here, really pour out your feelings, then on the right hand side be really positive as though you have it already and what you would like to manifest. It doesn't even matter if they don't match. If you let go of something that is not serving you, it will free up the flow of creation for manifestation of all the good things you wish to have in your life **now**.

Enjoy!

Lots of Love, Blessing and **Abundance**

New Moon Reiki Meditation

By Ashwita Vajandar

A new moon marks the start of the next moon cycle, signifying death and rebirth. This is a great time for setting intentions. You can sit out in the open if it is possible, or in a sacred space that you have created at home.

- Begin by taking a few deep breaths. Every time you exhale, imagine that stresses and tensions stored in your body are dissolving and fading away.
- Now, watch the movement of your belly as you breathe. Do this for some time.
- Become aware of the empty sky above, and surrender to this emptiness. Imagine that you are sitting in a vast, empty space, and let this emptiness still you.
- Next, bring in to your awareness, the intentions you wish to manifest. These can be short term as well as long term. Start by drawing the distance-healing symbol to connect more deeply with your intention. Visualise your intentions one by one, imagining them turning into seeds at the end. Remember that the short-term intention seeds are smaller than the long term ones.
- When you are done, imagine that you are standing at the shore of an ocean representing the universal energies. Dig a small hole in the ground for every seed, sow it, and water it from the ocean. Seal with the power symbol.
- Bring your awareness back to your breath and just watch it.
- When you are done, become aware of the sounds in the background and slowly open your eyes.

You can go back to this spot every night and water the plants for quicker manifestation.

Plant a Wish on New Moon

By Rinku Patel

Hello everyone, I am back with another new moon ritual. As we already know, new moon is for manifesting new things in life, planting a new seed, a new thought, a new start... So why don't we actually plant a wish? When you plant a wish, you synchronize your wish with all phases of moon energy. Also, by planting a wish, you get blessing from Divine Mother Earth as well.

The basic concept of planting a wish is handing over your wishes to Moon Energy, Mother Earth, Reiki and Universal Energy. Remember writing a wish list as a child and handing it over to your parents knowing that your wishes will be fulfilled when the time is right? You are doing the same thing now. You are handing your wish list to higher authorities.



Method

- Take a piece of paper. Draw power symbol Cho Ku Rei on 4 corners of the paper, sealing the energy.
- List all your wishes. Either you can list everything on same paper or you describe your wishes in details on different papers.
- On the back side of the paper, draw the Reiki symbols that you are attuned to. If you are level one practitioner, you carry on without symbols.
- Draw symbols on palms. Hold the paper in between your palms and give Reiki to it.
- Plant this wish list directly in earth (your garden or planters). Do not worry about its condition; it may get dirty or torn or totally turn into tiny tidbits. Alternatively you can place your wish list in a ziploc or a box and then plant it.
- Ask Mother Earth to bestow her blessings and fulfil your wish. With distant symbol Hon Sha Ze Sho Nen connect moon energy to the

planter and your wish list asking the Divine Moon energy to bestow light and blessings daily.

- Water the plant as usual. No need to worry about the condition of your wish list.

Have faith, manifestation has begun :)

Full Moon Reiki Meditation

By Ashwita Vajandar

Full moons are times when the moon is reflecting all of the sunlight it receives, flooding the earth with powerful energies. These are great times for healing and releasing old blocks. The full moon lights up the night, and energetically, these are times when the light can more easily eliminate the darkness in our lives.

Before you begin the meditation, you can create a sacred space if you like, with candles, incense and flowers. Another option is to do this meditation in the open, right under the moon.

The Meditation

1. Settle into a comfortable posture. Begin by observing your breath for some time.
2. Draw the emotional healing symbol in your heart and allow Reiki to balance the energies.
3. Now imagine the moon overhead, vibrant and shining. Meditate on this image for a while.
4. Next, imagine that the moon is sending down to you a silvery, white river of light. It comes meandering down, flowing right in front of you. Watch this river of moonlight for some time, enjoying its beauty.
5. Bring into your awareness, the emotions that need resolution. Pick one at a time, and if there is a related incident, relive the incident, allowing yourself to feel every emotion that comes up. Feel it as intensely as possible, and check if this emotion is manifesting as a sensation anywhere in the body. If it is, draw all the symbols in that area, otherwise draw it in the heart.
6. If you could represent this emotion with an object, what would it be? What would be its color? Imagine your emotions condensing into this object in that area of your body.
7. Now imagine that you are taking this object and giving it to the river. Yes. Just let it go, let it flow. Watch it float away into oblivion.
8. If you have more than one issue, repeat the process again from step 5, for the next one.
9. Once you are done, thank the river and ask it to go back to the moon.

10. Be deeply aware of how your body feels from inside, and draw all the symbols again to continue any residual healing. Seal with the power symbol. Open your eyes whenever you are ready.

First level channels can simply skip the symbol parts.

Full Moon Healing with the Archangels

By Haripriya Suraj

The full moon is the perfect time for us to let go of things that no longer serve us. Recurring patterns that diminish the quality of our lives can be safely released in the light of the full moon.

Here are a few examples of what you may release during the period of the full moon:

- ***Blocks to manifestation:*** If you are working on specific goals but find blocks coming in the way, this may be the right time to release them.
- ***Recurrent emotional patterns:*** Anger, fear, resentment, envy, guilt and the like.
- ***Unhelpful patterns:*** An inability to trust in the flow of life, an inability to receive, feelings of powerlessness, feelings of not being good enough, victim mentality and the like.

If you like working with the angels, you can call on Archangel Haniel and Archangel Jeremiel to bless this healing ritual with their energies. Haniel's energy can help us connect with the moon and Jeremiel's energy can help us review our lives and release negative patterns from our consciousness. Alternately, you can call on other Masters/ Reiki Guides/ Spiritual Guides.

The Ritual

- Wear a white coloured dress if you have one.
- Step outside on the evening of the full moon. Your garden, roof terrace or balcony will work fine. If you cannot do this outdoors, you can also do it indoors, preferably near a window from which the full moon is visible.
- Place a white coloured candle in the centre of your healing space. Make sure it is placed safely as you will need to walk around it. If you have a large outdoor area, you can light a fire instead of using the candle.
- Call on Archangel Jeremiel and Archangel Haniel. Request them to be with you and to help you heal.
- Look at the moon, draw the distance symbol in front of you and connect with its energy. Masters must also draw the Master symbol.
- Stretch your hands and invite the energy of the full moon into your space. Receive the energy with your hands. Pour the energy over

yourself, starting from your head all the way down to your feet. Let your hands move over your aura so you feel the energy moving.

- As you pour this energy over yourself, clearly state your intention to release an unhelpful pattern from your life. For example, if you carry blocks to manifestation, you could say, ***“I now release all those blocks that prevent me from manifesting at my highest potential.”*** Do this three times (more if you feel like).



Image by [h.koppdelaney](https://www.koppdelaney.com)

- Thereafter, draw all the Reiki symbols in the air and begin walking around the candle in circles, taking care to maintain a safe distance. The Archangels will accompany you. As you walk in the light of the moon, hold a strong intention to heal this block or pattern. This act of walking with a crystal clear intention can facilitate powerful healing. The energy of the Archangels will further act as a catalyst in your healing. Continue to walk until you naturally feel like stopping.
- Express your gratitude. Drink lots of water and rest for a while, before getting back to your routine.

For deep rooted patterns, this ritual may need to be done more than once. Release as much as feels natural to you every full moon. You don't have to get everything accomplished the very first time. From a larger perspective, every small step we take towards healing makes a huge positive difference.

Enjoy healing in the moonlight!

Full Moon and New Moon Manifestations

By Rinku Patel

Full moon is about letting go and releasing what doesn't serve. This is the time to let go of anger, blockages, negativities, and karmic issues e.t.c.

New Moon is about bringing new things in your life. It manifests your desires about new starts or ventures.

We perform Full Moon Rituals as well as New Moon Rituals, but there are some rituals that can be performed on either full moon or new moon. As we let go of old, we make space for new. Below is a ritual that can be performed on full moon as well as on new moon.

Full Moon and Pennies (any currency coin is also fine)

This ritual is about letting go of old and stagnant energies AND manifesting new wishes. For this ritual you need to be somewhere in the open or in your balcony or patio.

1. Like most rituals, start by grounding yourself using whatever method you know.
2. Take a penny or a coin of your currency and let it absorb the moon's energy by placing it under moon light (regardless of the phase of moon) for about half an hour. Connect coin to moon energy using the distance symbol.
3. After half an hour, hold the coin between your palms and declare what you want to release and what new you want to bring in. Give Reiki to the coin and imagine your desired outcome. Say your wish aloud to moon holding your coin.
4. Throw the penny towards the moon and say,
***“All my worries and wishes
I release to you, Oh dear moon
Fill them with love and light
For the highest good of everyone involved”.***
5. Do not try to look where your coin fell or landed. Just let it be. Thank moon and Reiki.

Be sure that your old stagnant energies shall be released and new wishes shall be manifested.

New Moon Ritual for Health, Love and Money

By Rinku Patel

New moon is the time of action - to start working towards your goals and wishes, to manifest perfect health and relationships, to start a new venture and finally see all these reaching to a new peak in near future. This New Moon, let us concentrate on 3 main aspects of life - Health, Love and Money.

Things you need: Pen, paper, crystals (Amethyst, Rose quartz, Green Aventurine), 3 small glasses filled with water, 3 candles (optional)

Health - Take a paper and draw the power symbol Cho Ku Rei on all four corners to seal the energy. List down three things that you wish for your perfect health. Draw Reiki symbols you are guided to on the back side of the paper. Take Amethyst and program it with your perfect wish. Fold the paper and put Amethyst over it, outside in moonlight to absorb moon energy.

Love - As above, draw Cho Ku Rei on 4 corners of the paper to seal the energy. List 3 things that describes your perfect partner or perfect relationship. Take a Rose Quartz and program it with your wish and place it over the folded paper beside the Health-wish.

Money - Same as above, draw Cho Ku Rei on 4 corners of the paper to seal the energy. List 3 things that describe your money wish. Example- I have four bedroom luxury flat in a posh area with so and so facilities. Take Citrine or Green Aventurine and program it with your wish. Put the paper and crystal next to Love-wish.

Put glasses filled with water over each folded paper. You can move your crystal to make place for glass. Leave it outside to absorb moon energy overnight. Connect all 3 sets of water-crystal-wish to moon energy with the help of Hon Sha Ze Sho Nen. Call upon Archangel Haniel and Moon Goddess for blessings.

Drink the water in the morning, which is now charged with crystal energy, moon energy and your wish. Keep these wish chits in your Reiki box and try to read it few times a day. Alternatively, carry these wishes with you everywhere and read whenever you have time.

For any moon ritual, be it full moon or new moon, wait three months for outcome.

Full Moon and Twin Flames

By Dhwani Parikh



Image by bngdesigns

Twin flames mean “the other half of our soul”. It is said that our soul has been split into 2 parts and reincarnated again and again in the human forms. Also, it is said that one soul has the male energy whereas the other has the woman energy. We surely meet at any part of the life and to know this person, Reiki surely guides us. The moon is highly related to the lord Shiva as he has the half moon on his head as a symbol. Also, in the ancient India and also somewhere today, the women worship moon for getting the best husband in their life. Also, they keep fast on Monday as the Monday is symbolically associated with Moon. When the communication devices were absent, the lovers used to see the moon to remember the other one and express their feelings.

During my master attunement on the day of Full Moon, I also asked a purpose to my master and she helped me to find the answer during the attunement. She said to me, “In this birth you will find your twin flame.” I trust Reiki so much and it happened with me in a less than a month time. She helped me to meditate and send the energy to the twin flame and so he can come to me. I have got the person who is also a Reiki channel. Not only this, but also we both have put intention slips in the Reiki box and were doing healing regularly. Reiki removes all the obstacles as well as karma and helps you meet to your twin flame.

This is the meditation was guided by my master and angel which take me to my twin flame.

Before starting meditation, please clean your karma which is an obstacle for this path. You can use pranic healing, purple pyramid or other methods which are already published in Reiki Rays.

- First of all, on the Full Moon day, find a place near the window or any place where you can see the moon clearly.
- Breathe normally and relax yourself.
- Think there is a purple pyramid above you and all the obstacles are going in that and lock with the power symbol.
- After that, open your eye and watch the moon for some minutes and feel the calmness.
- Now, take a glass of water and put in a way, the water can absorb the rays from the moon.
- Close your eyes and visualize the qualities of the person as your twin flame. You can also leave everything on Reiki as it can guide you the best suitable for you.
- Do your Reiki prayer. Connect with moon energy with the distance symbol. If you are attuned to the master symbol use that too. Also, do the emotional symbol 3 times to remove any past bad emotions and bring the fresh energy with this person.
- At last, do the power symbol 3 times.
- You can use the affirmation: “I am very thankful to the angels and the moon who is guiding me to the divine purpose of meeting my twin flame.” “I am thankful for the person who chose to come to my life and make the soul intact again.”
- After your affirmation, visualize happiness, peace and fulfilment in the presence of your twin flame and do the Reiki symbols again.
- Drink the water after the meditation and thank your higher divine energy.
- Have trust on this energy and this will soon guide you to your twin flame.
- You may start seeing 11:11 and other omens as soon as you do this meditation.

Once the person entered in your life, trust Reiki energy and go ahead with that person. You will find many changes in your life. The things you may avoid for the months start doing again. There are really amazing changes I have experienced. Also, the goals of the life which I left due to any reasons I got encouragement to refocus on them. Trust the Reiki energy. You will surely find this. More you trust, more energy you give, quicker this will happen. Sometimes, you can get dreams related to this.

Lots of love and light!

Moon Basket

By Rinku Patel



I have been writing about Moon rituals since so long now that my readers would already know the basic concept of New Moon and Full Moon. Let me just repeat once again for those who don't know about it.

New Moon Ritual is for manifesting new things in life, planting a new seed, starting a new project or a new venture or take your relationships to a new level.

Whereas Full Moon Ritual is to release old beliefs, negativity, karmic patterns, blockages, stagnant energies, suppressed anger or emotions.

This New Moon ritual is not my tried and tested one. This method is something everyone in the house can do, especially children (who can write). I and kids are super-excited to start this 'new project' that we have named '**Moon Basket**'. Join us, let us all make our Moon Basket together.

Method

1. Take any basket or a box. If you are attuned to the Master symbol, draw the symbol over the base of the basket. Those who are not attuned to the Master symbol can draw the other 3 symbols, and those who are not attuned to any symbol can continue without symbols.

2. Call upon Archangel Haniel and Moon Goddess to bless your basket and wishes. Connect the basket with moon energy using distance symbol.
3. Pray to Archangel Haniel, Moon Goddess, Reiki, moon energy and Universal energy to charge the basket with Divine Energy to manifest whatever wishes that are places inside anytime- for the highest good of the person. Ask them to shower your basket with Divine light till next new moon.
4. Place the basket outside somewhere to bask in the energy bestowed. If you can't place it outside, you can place it at a windowsill or at your altar. Now you can add your wishes in the basket or you can start adding from the next day, it is up to you.
5. Write your wish and draw symbols. Ask your children and family members to write their own wishes. It does not matter if they can't draw symbols. Put your wishes in the basket. Throughout the month you can keep adding wishes to this basket any time.
6. To make it more fun, pick a crystal that resonates with your wish and put in the basket. Let children select their own crystal as their intuition guides them.
7. On next new moon go through your wishes, remove the already manifested ones and leave other in the basket. Keep the basket outside again and call upon higher energies to bless your basket.

Additionally, you can put the basket outside on Full Moon night too, to bask in the moon glory. Keep adding more wishes throughout the month.

Basic concept is to charge the basket with moon energy so that you can add wishes to that moon-energy-filled-basket throughout the month.

Moon Water

By Rinku Patel

Hello Dearest, here I am, again with a moon ritual. I know I come up with different rituals for full moon and new moon every fortnight, so it is my request to all my readers not to get confused with too many rituals. I am just giving information and guidance to my readers about various rituals. You only stick to the rituals you resonate with. You don't need to try and perform all the rituals.

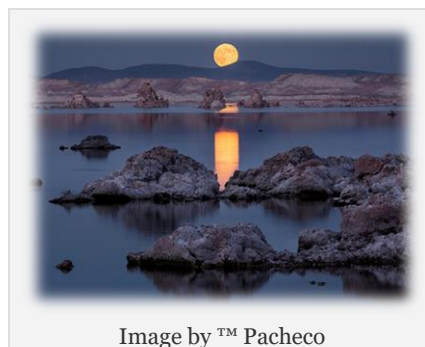


Image by TM Pacheco

As we all know, New moon is for manifestation of new things, planting new seeds and starting new projects whereas Full moon is for healing, protection, banishing of evil and releasing. Here is the method to take advantage of moon energy beyond this manifesting and releasing concept.

Making Moon Water

- Take a jug and fill it with distilled or spring water. Place the jug somewhere outside so that direct moon light falls on the jug. If it is not possible, you can just place it in your balcony.
- Call upon Archangel Haniel and Moon Goddess to bless your jug and water. Connect the jug to moon energy with Hon Sha Ze Sho Nen.
- Take selenite, carnelian, moonstone and clear quartz crystal. Cleanse and program to remove impurities surrounding jar and cleanse water. Place carnelian and clear quartz inside the jug. Put selenite and moonstone around the jug. ***Do not ever put selenite in water, it will disappear.*** (Skip this step if you do not have these crystals)
- Draw Reiki symbols on palm and hold the jug, charging it with Reiki energy with the intention to make the water void of any impurities and infuse it with Reiki energy to purify it.
- Just leave the jug outside overnight and your moon water is ready.

How to use 'Moon Water'

- All the women out there is going to love this. You can wash your face with this charged ***Divine Moon Water***. It will beautify your skin and bring the glow on your face. Try this for few months and see your face beaming like a moon.
- You can use this Moon Water to cleanse your crystal.
- You can just drink this water.
- Fill the Moon Water in spray bottle and use for cleansing the area. Sprinkle in your house or work place to remove negativity and impurities.
- Sprinkle on self and others to cleanse aura.
- Add this water in your food while cooking.
- You can Reiki the water with set intention to use it for any purpose.
- Add to your bath for relaxation.
- Anoint money.
- Water your plants.
- Dip your finger in water and make circle on your Third eye seven times for clarity and clairvoyance.

Very Simple Instructions to Cleanse Crystals under the Full Moon (plus FAQ)

There are many ways to cleanse crystals, but a lot of healers love to cleanse them under the full moon. If only we had full moons more often, we wouldn't need other methods :).

Here are some very simple instructions for cleansing crystals under the full moon:

1. Place crystals under direct moonlight overnight.
2. That's it :)

Easy, right? That's why we love it!

Now, here below are answers to some common questions.





Image by bilbord99

- Yes, it will still work, even if there are clouds.
- No, you don't need to place them on the ground. You *can* do it, and it's probably better, since they'll charge up from the Earth's energy as well, but you certainly *don't have to*. A table, windowsill, or roof will work just as well.
- The nights just before and just after the full moon work as well.
- You can place them outdoors or indoors, as long as the moonlight can reach them. Outdoors *might* be better, but indoors works too.
- No, the windows doesn't have to be open if it's indoors. It can be, but it doesn't have to.
- If you're unsure of something... go with your intuition :)

Happy cleansing!

About the Authors

	<p><i>Rinku Patel is a Reiki Usui Master, Karmic Reiki healer, Kundalini Reiki, Angel Reiki Healer, Crystal Healing, Dowsing, Soulmate Reiki and Angel card Reading. Chi Ball and Psychic surgery are her personal favorite tools. Classes and Healing: Usui Reiki, Karmic Reiki, Kundalini Reiki, Angelic Reiki, Soulmate Reiki, Crystal healing, Angel card reading and Dowsing. Rinku can be reached via her email address reikithemiraclehealing@gmail.com and on Facebook at www.facebook.com/pages/Reiki-The-Miracle-Healing/1495936974022242?ref=hl.</i></p>
	<p><i>Patti Deschaine is a traditionally trained Usui Reiki Master and owner of Maja Energy Works and Reiki Healing. She resides and practices in Wilmington, NC. She enjoys all types of Reiki and particularly loves using Reiki on animals. Patti can be found at http://majaenergyworksandreikihealing.com and https://www.facebook.com/MajaEnergyWorks.</i></p>
	<p><i>Ananya is an Usui and Karmic Reiki Teacher and is also certified in Magnified Healing. She teaches and reads the Akashic Records, Oracle, Tarot and Angel cards. She is highly aura sensitive and gifted with claircognizant abilities. She lives in Bangalore, India. Ananya can be reached at http://www.zinoathensreiki.com/ and via her email address zinoathens@gmail.com.</i></p>
	<p><i>Jan Taylor is a Reiki Master Practitioner. Her passion is to help anyone that needs emotional healing and is open to spiritual healing. "It is often when we go through some kind of emotional trauma that we open up to alternative forms of healing and a spiritual path to bring us out of the darkness." Reach Jan at http://lighthouse-rays.com/.</i></p>
	<p><i>Ashwita was a teenager when she learned Reiki, unaware of the impact it was about to have in her life. There was healing, surges of creativity, and plenty of guidance to develop intuition. She started teaching Reiki a decade later and when she witnessed the miracles it brought, and the ease with which it could bring joy and relief to so many lives, she wanted to do more. She left her software job in 2007 to take up Reiki professionally. She now incorporates Reiki, past life therapy, hypnotherapy, EFT and meditation in her healing work. Her book 'Healing Through Reiki' is available on Flipkart and Amazon. You can connect with her through her website http://www.reiki-bangalore.com/ or visit her blog http://www.ashwita.com/zen/.</i></p>



Haripriya is a Reiki Master, Angel Healer, and Spiritual Teacher. She was drawn to Reiki right from her childhood and Reiki went on to become part of her life's purpose. Reiki is her constant companion from which she derives peace and contentment. After reaping the fruits of Reiki practice in her life, she was inspired to spread the joy of Reiki. She is the founder of Aananda Holistic Center where she conducts as well as teaches Reiki and Angel Healing. Haripriya resides in Bangalore, India. Reach Haripriya at aanandaholistic@gmail.com and at Aananda Holistic Center on Facebook.



Dhwani Parikh is a Freelance writer, Reiki Usui master, Mind Power specialist, Music healer, Astrologist and Tarot Card Reader. She has been emotionally attached with Reiki from many years. She has got a very high intuitive power and very good sense of vibrations. She has lost 14 kgs of weight with help of Reiki and visualization. Reiki is the biggest part of her success in marketing and sales career. She has found her twin flame relationship by medium of Reiki. Reiki saved her from many negative events and vibrations. Reiki has brought new perspectives of her life and wants to spread this miracle of Reiki around the World. Dhvani lives in Toronto, Canada. Reach Dhvani on Facebook <https://www.facebook.com/raceisnotover> or email on reikimasterdhwani@gmail.com.